

# MARINE ACADEMY PRIMARY NEWSLETTER Term 4 2025-2026



## 'Where stars shine brighter'

...providing an outstanding education that ensures all pupils reach their greatest potential and live by life's highest values.



Dear Parents and Carers of Marine Academy Primary pupils,  
It has been another incredibly busy and enriching term, filled with curriculum trips, special events and opportunities to come together as a school community.

Our pupils have taken part in a wide range of Geography fieldwork, including visits to Bellever Forest, Kings Tamerton Woods and Plym Valley, alongside open-top bus tours exploring the city. Other memorable experiences included Reception's trip to the National Marine Aquarium, Year 3's train journey to Calstock and Year 4's Faith Trail visits to the Synagogue and Mosque.

World Book Day was a particular highlight of the term, with children visiting different classrooms to explore a variety of texts and authors, sharing stories across year groups. Families also enjoyed our cosy reading corner in the Breakfast Bistro, alongside a book swap and the popular 'Blind Date with a Book' for parents and carers.

We were delighted to welcome families in for our Special Ladies events and Pupil Progress Meetings - thank you to everyone who was able to attend.

We have also hosted leaders from other schools and trusts across the South West as part of our work as a DfE Attendance and Behaviour Hub, a RISE Reception Networks Lead School and a Steplab Coaching Hub. Visitors consistently comment on our wonderful children and the welcoming #TeamMarine staff, all of whom we are endlessly proud.

Thank you for helping us make these opportunities possible. We wish you all a wonderful Easter and look forward to seeing everyone again on Monday 20th April for the start of the summer term!

Yours sincerely,

Mrs Georgina Reid and Miss Stacey Mitchell

Headteacher and Head of School



## DATES FOR YOUR Diary

Monday 20<sup>th</sup> April - First day of Term 5: Extra-Curricular Clubs start again

Tuesday 21<sup>st</sup> April - Reception Trip to Stover Park

Thursday 23<sup>rd</sup> April - Year 4 Viking Day

Tuesday 28<sup>th</sup> April - Jack and the Beanstalk workshop for Pre-School

Tuesday 28<sup>th</sup> April - Year 3 visit St Budeaux Parish Church

Thursday 30<sup>th</sup> April - The Explorer Dome visits Year 5

Monday 4<sup>th</sup> May - Bank Holiday: School Closed

Monday 11<sup>th</sup> - Thursday 14<sup>th</sup> May - End of KS2 Assessment Week (Year 6 SATs)

Sunday 17<sup>th</sup> May - Plymouth Half Marathon Schools Challenge on the Hoe

Friday 22<sup>nd</sup> May - Year 3 Ancient Greek Day: children are invited to dress up in Ancient Greek themed clothes for the day

Friday 22<sup>nd</sup> May - End of Term 5: Extra-Curricular Clubs end

Tuesday 2<sup>nd</sup> June - Start of Term 6: Extra-Curricular Clubs start again

Tuesday 9<sup>th</sup> June - Year 3 take their LAMDA exams in school

Monday 15<sup>th</sup> and Tuesday 16<sup>th</sup> June - Snow White rehearsals all day

Tuesday 16<sup>th</sup> - Friday 19<sup>th</sup> June - Snow White performances, starting 5pm each day at MAP Secondary

Thursday 18<sup>th</sup> June - Reception trip to Dartmoor Zoo

Friday 19<sup>th</sup> June - Reception classes' Special Gentlemen events

Monday 22<sup>nd</sup> June - Year 5 taster day at All Saints Academy

Wednesday 24<sup>th</sup> - Friday 26<sup>th</sup> June - Year 5 & 6 Residential to Forest and Beach

Thursday 25<sup>th</sup> June - Year 6 and Community Careers Fair 2pm-4pm in our hall

Friday 26<sup>th</sup> June - Dream Big Day (please note this date has been changed since the last newsletter). All children are invited to dress up as a job role they would like to do in the future.

Monday 29<sup>th</sup> June - Friday 3<sup>rd</sup> July - Year 5 bikeability

Friday 3<sup>rd</sup> July - Extra-Curricular Clubs end

Friday 3<sup>rd</sup> July - Summer Fair

Thursday 16<sup>th</sup> July - Last day of Term 6

# YEAR GROUP NEWS

## Exploring the Outdoors: Geography in Action

### Reception

This term, our Reception classes have had a truly brilliant time exploring the fascinating world of marine life. We have enjoyed learning through a range of engaging texts, including 'The Whale Who Wanted More', 'Little Turtle and the Sea', and 'Bright Stanley', which have inspired lots of curiosity and discussion. A highlight of the term was our fantastic trip to the aquarium, where we were able to see sea creatures up close and bring our learning to life.

We have been incredibly impressed with the children's progress in both reading and writing, as they have grown in confidence and enthusiasm. Alongside this, the class has taken part in a variety of exciting challenges, such as collaging crabs, foraging for food for our class turtles, and writing thoughtfully about the importance of caring for our environment. It has been a joyful and productive term for everyone involved!



### Pre-School

It has been another busy and enjoyable term in Pre-School. The children have developed their balancing skills in PE, confidently using beams, climbing equipment and the outdoor trim trail. Our topic, 'What Can I Cook?', has been a great success, with lots of imaginative role play in the café and activities inspired by stories such as 'The Gingerbread Man', 'The Little Red Hen' and 'The Magic Porridge Pot'.

We are very proud of those moving on to school in September, who have impressed us with their growing phonics knowledge, particularly recognising initial sounds and beginning to blend simple CVC words. It has also been lovely to welcome new children, who have settled in well. We wish everyone a happy Easter and look forward to our new topic, 'What Can I Grow?'.



### Nursery

This term, the children have loved learning through our topic rhyme 'There's a Worm at the Bottom of my Garden'. They enjoyed creating nature picture frames, using leaves to paint, catching flowers in the water tray, exploring berry playdough and planting their own cress seeds.

We also shared lots of learning linked to our topic book, 'Alfie in the Garden'. The children painted dragonflies with sponges, created feathered birds, cotton wool bunny rabbits and playdough ladybirds. The children also had a lot of fun going on a jungle hunt in the playground to see what amazing animals they could find. Thank you to everyone who was able to attend our Easter Craft morning. Happy Easter from Turtle Class!



## Year 1

What a fantastic and busy Spring term it has been for Year 1! World Book Day was a highlight of the term, where the children loved sharing stories together; it was wonderful to see their enthusiasm for reading shine through. Our outdoor area has been buzzing with activity as the children planted trees, helping to develop their understanding of nature and the environment. They took great pride in caring for their plants and watching them grow.

In Term 3 during our Ancient Egypt Day, the children consolidated their History learning and looked amazing in their costumes. They were fully immersed in the day, exploring artefacts, learning about pharaohs and experiencing life in Ancient Egypt. As part of our Geography learning, the children enjoyed a ride on the Ocean City Tour Bus around Plymouth. This real-life experience helped them to better understand the local area and brought their learning to life.

We are proud of the progress the children have made in Phonics this term. They have been working hard on Phase 5, learning a wide range of alternative sounds and applying these skills in their reading and writing. We hope the children have a wonderful and restful Easter holiday and we look forward to welcoming them back for the summer term!



## Year 3

This term in Year 3, the children have thoroughly immersed themselves in their exciting topic, 'Villages, Towns and Cities'. A particular highlight was our wonderful trip to Calstock, where some children experienced their very first train journey, making it a truly special day for all. We also enjoyed an Ocean City Bus Tour, taking in the sights of Plymouth and bringing our learning to life.

In Design and Technology, the children have shown fantastic creativity and determination by designing, constructing and evaluating their very own castles. In PE, we have been building on our tennis skills, developing control, coordination and confidence in our play.

We are incredibly proud of all their hard work and enthusiasm this term and we look forward to seeing what new learning adventures await in Term 5!



## Year 2

What a brilliant term Year 2 have had! The children have loved diving into our Geography topic on Rainforests. They have confidently used new vocabulary such as fauna, flora, humid and global warming and their enthusiasm shone during our trip to Kings Tamerton Woods, where they explored a local temperate rainforest first-hand.

In English, the children have enjoyed the text 'I Don't Like Snakes', learning fascinating facts about different snakes and spiders. In Science, they have been discovering how objects move and how the shapes of solid materials can be changed by squashing, bending, twisting and stretching. They tested this through exciting hands-on activities, including paper-straw rockets, fidget toys and even marshmallow-blowing challenges to test focus and force.



In Whole Class Reading, the children are diving into 'The Monster Crisp-Guzzler' - it's always an absolute favourite and a fantastic read! We wish you all a Happy Easter and hope you all have a wonderful break. We are looking forward to another fantastic term.

**Year 4**

It has been another busy and productive term for Year 4! In Maths, the children have been working on their fractions unit and they have continued to practise their times tables - we have seen super improvements in their recall! In English, the children really enjoyed researching an endangered rainforest animal and subsequently created some excellent final writes which included a diary, status report and email, imagining themselves to have been on an expedition.

Science, this month, has led to some exciting experiments building and testing electrical circuits. In DT, the children created some innovative torch housing, focusing on a particular purpose for a specific audience.

The highlights this month were our fantastic trips. For Geography, at the Plym Valley, the children tested how the depth of the water affected the speed of the river and they drew and labelled the river to highlight the erosion and deposition they saw. We also visited the Synagogue and Mosque, where they learnt about other people's faiths and cultures, showing respect for other peoples' beliefs. Well done on all your hard work Year 4!



**Year 5**

Year 5 have had a fantastic term and we couldn't be prouder of their hard work and engagement. Throughout the term, in Maths, they have shown great determination in mastering their learning of fractions. In English, they challenged themselves to write a biography about a scientist they had independently researched. In Science, they explored outer space - this has been their favourite topic so far this year! In Geography, we explored the world's main biomes, learning about the factors that affect their ecosystems, summed up with a memorable trip to Believer Forest where the children were excellent role models. Great work, Year 5! We're looking forward to another brilliant term after the break - Happy Easter to you all!



**Year 6**

Year 6 have had another fantastic term. We were incredibly proud of how brilliantly they approached their Mock SATs, showing determination, maturity and excellent effort throughout, with strong performances across the board.

In Geography, the children have engaged enthusiastically with their topic on 'Population', producing impressive final pieces where they explored a chosen country's population, government investment, currency, culture and food traditions.

In English, they have enjoyed drawing inspiration from the Harry Potter books, creating their own imaginative fictional beasts and using a range of figurative language to bring them to life.

We are looking forward to next term and are confident the children will give their all in the real SATs - Year 6, you've got this!



# In Other

# NEWS

We are incredibly proud to introduce our new Compassionate Champions! As part of our journey to becoming a Compassionate School, these pupils have taken on a special role within our Compassionate Friends initiative.

They will help support their peers by showing kindness, understanding and care to anyone who may be feeling sad, worried or lonely.

A huge well done to them all!



A huge well done to everyone who purchased a red nose or made a donation for Comic Relief in support of Red Nose Day!

As a school, we are incredibly proud to share that we raised an amazing £788.68!

Thank you so much for your generosity and support. This money will make a real difference and help so many people in need. We are very proud of our school community!



A group of Key Stage 2 children spent the afternoon at Butterfly Lodge Care Home, playing games, reading books and building towers with the residents.

There was a wonderful atmosphere and lots of smiles on faces. Well done to these brilliant role-models for spreading joy in our community.

We are looking forward to visit again!



What a rollercoaster of a game our Year 5/6 football team had in the cup match against Thornbury Primary recently! The match didn't start quite as planned, with the team trailing 0-2 at half-time. But they fought their way back with determination and teamwork, levelling the score at 2-2.

With almost the last kick of the game, a sensational strike by Matthew won the match and put us through to the next round of the cup.

**FINAL SCORE:**  
Marine Academy 3 - 2 Thornbury Primary



Debate Club enjoyed an inspiring trip to London this term, with a highlight being their visit to the Houses of Parliament. Travelling by train to London Paddington and then navigating the Tube, the children embraced every part of the journey. Despite the dreary weather, they took to the London Eye, and enjoyed spotting famous landmarks across the city.

Throughout the trip, the children were excellent ambassadors for the Academy, demonstrating impressive knowledge of the parliamentary system and representing the school with pride.

Wow! Our Spring Book Fair raised a massive £693.80 for us to spend on books for the Academy!

A huge thank you to everyone who made a purchase - it is through your generosity that we will be able to stock up our library and book vending machine!

**Congratulations!**

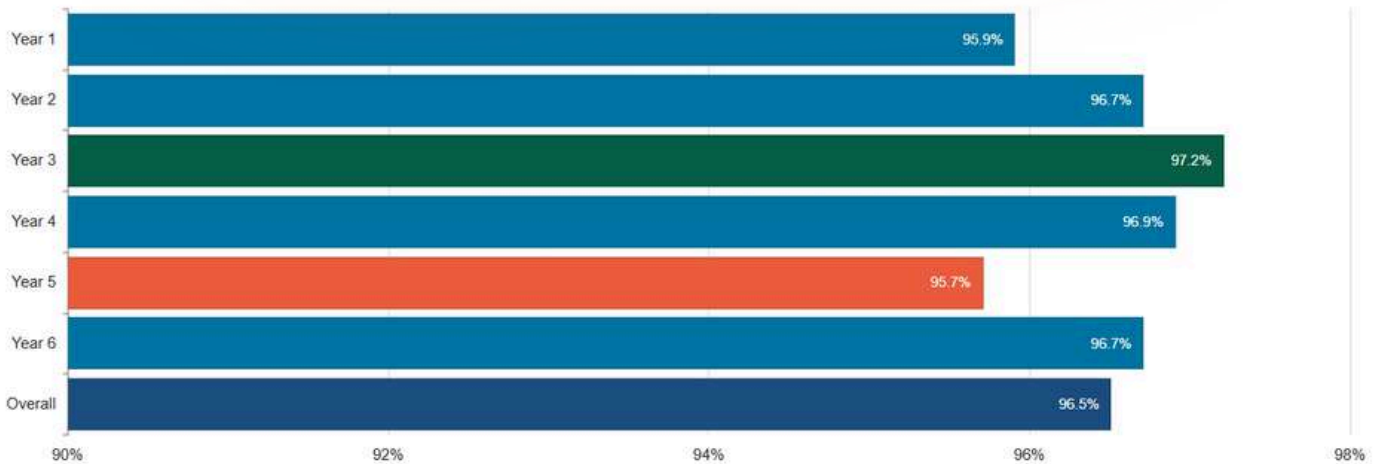
**THANK YOU TO EVERYONE WHO ATTENDED OUR SCHOLASTIC BOOK FAIR.**

Together we have raised...**£693.80**... for our school to spend on **FREE BOOKS**



# Attendance

Overall



Well done Year 3!

Please remember to contact the Primary each day that your child is absent.



The St Lukes Guiding Lights team are hosting 2 Easter 'Paint -your -own-mini lighthouse sessions at the Moxy Hotel on Thursday 9<sup>th</sup> April. The first session is 1pm-3pm and the second is 4-6pm. All ages welcome. Ceramic lighthouse and paints included. Book tickets via [www.stlukesguidinglights.com](http://www.stlukesguidinglights.com) under the Events tab.



# ONLINE SAFETY

Welcome to the online safety bulletin for Term 4, which provides guidance for promoting a positive online experience and spreads awareness of harmful sites.

If you have any further questions or concerns about e-safety, please contact our Computing leader, Mr Druce, by emailing: [primary@marineacademy.org.uk](mailto:primary@marineacademy.org.uk) FAO: Mr Druce.



## YOUTUBE SAFETY UPDATES

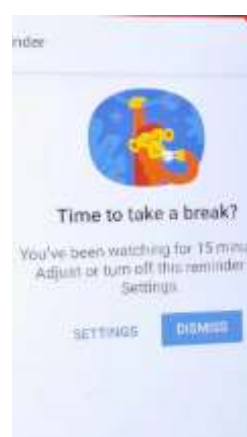
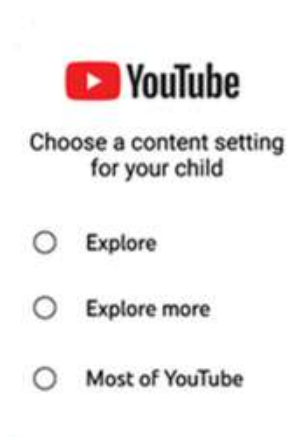


YouTube have published their latest update on how parents can support their child on YouTube. YouTube will now allow parents to set the amount of time viewing Shorts – this can be set to zero.

YouTube Shorts are short videos, usually less than 60 seconds long, which when continuously watched, can lead to excessive screentime. Also, parents will also be able to set bedtime and 'take a break' reminders.

### You can find out more here:

<https://blog.youtube/news-and-events/updates-youtube-supervised-accounts-teens/>



## MOBILE PHONES

### We know that children having access to a smartphone can expose children to risks including:

- Viewing inappropriate content
- Excessive screen time/use, which in turn can affect their mental health and sleep pattern.
- Contact from inappropriate people/grooming
- Cyberbullying
- Spending money on in-app purchases/scams

### What effects do mobile phones have on children's mental health?

Compass discuss the research around this important topic, outlining the positive and negative effects that mobile phones have:

<https://compass-uk.org/services/compass-changing-lives/onlineresources/what-effects-do-mobile-phones-have-on-children-and-youngpeoples-mental-health/>

### Could you delay when your child is given a smartphone with Smartphone Free Childhood?

The premise behind this movement is that all parents/carers of a class all agree not to give their children smartphones (therefore the level of peer pressure is reduced) for a set time or until a specific age: <https://www.smartphonefreechildhood.org/>



## USING A.I TO ALTER IMAGES



### What are AI image generator and moderator tools?

It is when Artificial Intelligence is used to create or modify images. For example, it could be used to swap faces or change expressions. These images are often very realistic and therefore difficult to see that they are fake.

### What does my child need to know about using these tools? □

- Children shouldn't use AI tools to manipulate images of school staff. Even if the child's intention is not malicious, children should not use AI tools to create or edit photos of teachers under any circumstances.
- Manipulation of images of friends or other children – if you are using images of other people, then consent must always be sought. □
- The tools should not be used to create images that can embarrass or hurt others - this is a form of online bullying. □
- Copyright issues – who owns the copyright? These images could be reused by others, which can affect their own digital footprint.

### What should I do? □

- Chat to your child if they are using these tools and explore the reasons.
- Ask them to show you the images that they have created. □
- Check the age ratings of any apps/websites that your child is using and set up appropriate parental controls. □
- Develop your child's digital literacy by teaching them to recognise online risks and to behave responsibly online

## Five Nights at Freddy's

Five Nights at Freddy's is a horror game designed to frighten players with jump scares or creepy characters.

It can be accessed from several places, such as an Xbox (PEGI rating of 12) and on the App store (age rating of 13+).

There is merchandise available, which may suggest that it is child friendly.

We would recommend that you preview the game first to ascertain its suitability for your child.

### You can view Bark's review here:

<https://www.bark.us/content-review/five-nights-at-freddys-review/>





# COOPERATION TOWN

- Our coops are based at the following locations across Plymouth
- Southway wellbeing hub - Mondays 12-1pm
  - The Elm wellbeing hub - Mondays 10-12pm
  - Burrington Hub - Mondays 11-3pm
  - Plymouth university SU building - Tuesday 12pm
  - Cattedown social club - Wednesday 11-1pm
  - Marine academy Plymouth - Thursday 2-3pm
  - Riverside school - Thursday 1:30pm
  - Plymstock untied church hall - Thursday 15:30-16:30pm
  - Mount wise - Friday 11:30 - 2pm
  - St James the less - Friday 12-3pm
  - The Beacon - Friday 12-2pm



Looking to save money on your shopping food?  
 Join a food co-op we have them based all over Plymouth, they are small neighbourhood buying groups, providing members with affordable groceries bought in bulk and from surplus and are distributed at a very low cost.  
 Food co-ops are owned and run by the members, every member has a role in making the co-op work, we all pay in equally and share the food equally.

**Contact me**

Kelly@cooperation.town 07496474348

MARINE ACADEMY PRIMARY'S

# COMMUNITY BIKE HUB



Free to use for our school families and  
the local St Budeaux community!



## BIKE LOANS



Bikes are loaned out on  
**Friday afternoons**  
**15:00 – 15:30**



**First come, first served**  
Available for a **one week loan**  
(ask Mr Porter or Mr Druce for more information)



**Bike returns:**  
**Friday mornings**  
**08:30 – 09:00**



## WHY RIDE?

- ✓ Boosts health and wellbeing
- ✓ Great for active travel to school
- ✓ Fun for exploring the coast and moors!



## FREE EQUIPMENT ALSO AVAILABLE!

Along with bikes, we also have



HELMETS



LIGHTS



HI VIS JACKETS

*All free of charge!*

Let's get our community moving—one bike ride at a time!

# FREE SEND

## Activities @ YMCA!



### SEN IN THE DEN!

*Friday 3.30pm-5pm | 0-7 years old*  
Monitored soft play sessions for SEND children to explore and have fun in our Ocean City soft play area.



### SENERGY

*Thursday 4pm-4.45pm | 11-16 years old*  
Supervised gym sessions for young people with SEND, helping them to grow in confidence and improve their physical fitness.



### SEN-SPIN

*Sunday 11.45am-12.30pm | 12-16 years old*  
A fun, low-intensity instructor-led indoor cycle class for young people with SEND, focusing on building confidence and technique.



### SEN-STEP

*Thursday 5pm-6pm | 5-16 years old*  
Sensory walk experience within Ham woods and led by a walk-leader for SEND children and their guardians



### BORN TO MOVE

*Wednesday 4pm-4.45pm | 5-12 years old*  
Helping SEND children discover the joy and energy of moving to music with fun instructor-led exercises.



### SENSATIONAL SPORTS!

*Wednesday 4pm-4.45pm | 8-14 years old*  
Fun and inclusive multi-sport sessions for SEND children to enjoy the benefits of participating in sports.



### SEN-BOUNCE

*Saturday 4.30pm-5.30pm | 5-16 years old*  
Supervised bouncy castle sessions for SEND children to play across 3 inflatables.

### Book & learn more



Please make sure to book in advance for each session.

This programme is supported by Plymouth City Council.



Parent/Guardian attendance is required

Find us at : YMCA Plymouth, Honicknowle Lane, PL5 3NG  
E- info@ymcaplymouth.org.uk T- 01752 201918





# Platform Garden Men's Group

St Budeaux Railway Station  
St Budeaux Square side



Join us on the 1st and 3rd Monday of each month, 10am to 2pm, to reclaim forgotten land and build a new productive garden!

Meet new people, grow your own food, and improve your well-being with exercise in nature and the fresh air. Refreshments and tools provided. No special skills needed.

If you are interested, or would like more information, get in touch with Steve on **07946 566018** or by email **steve@thepioneersproject.co.uk**

Or check out [www.thepioneersproject.co.uk](http://www.thepioneersproject.co.uk)



Supported by





Colebrook  
inspiring people, supporting communities



**Warm welcoming  
space**



# The HIVE

Your paragraph text

**Every Monday  
12-3pm**

**William Sutton Trust  
Memorial Hall  
Shelley Way  
St Budeaux**



**All  
Welcome**



**Come along and relax with our friendly BBSB team**

- **Free community space!**
- **Meet new people,**
- **enjoy a cuppa and other refreshments**
- **play games,**
- **get creative with arts and crafts, try some cooking,**
- **or just chill out. There's always something happening**

**and everyone's welcome!**





# Free Cost of Living packs

We understand the increasing financial challenges communities are experiencing. With continuous rising costs to living, people are having to sacrifice basic essential items.

*Your wellbeing matters!*

Thanks to our funders Clarion Futures we have the following **FREE** cost of living packs:



**Baby Hygiene Pack**



**Female Hygiene Pack**



**Male Hygiene pack**

## **FOOD PARCELS**



Call/text Jo 07890 257 649

FB message: St Budeaux and Barne Barton Wellbeing Hub

St Budeaux & Barne Barton Wellbeing Hub

St Budeaux and Barne Barton Wellbeing Hub



6 Shelley Way  
St Budeaux  
PL5 1QF



# MINI MOMENTS BABY GROUP



A relaxed  
baby group  
for pre-  
walkers

*Play, learn, grow –  
one mini moment  
at a time. Join our  
baby community  
today!*



**FREE**  
No need to  
book

Join us for free themed sessions for you and your  
baby. Including:  
*Lets get messy, lets get creative, Let's learn, Lets  
use our senses and more!*

**When &**

**Where?**

Monday - Highview 9-1030

Tuesday - FourWoods 10-1130

Wednesday - Nomony 1-230

Thursday - Elm Centre 1-230

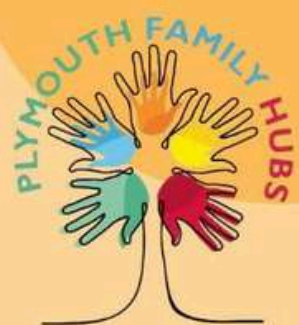
(term time only)



Plymouth Family Hubs working in partnership with...



**MORE  
INFO**



# William Sutton Hall ACTIVITIES

6 Shelley Way, St Budeaux, PL5 1QF



☎ William Sutton Hubs: 01752 211247

✉ communitycentres@colebrooksw.org

📘 Stay updated via: St Budeaux and Barne Barton Wellbeing Hub

## MONDAY

**9:45–11:30** Livewell Falls Prevention 01752 437 177

**12:00–15:00:** Welcoming Space & HIVE

Activities

**15:45–21:00:** A.O.D Dance

Academy of Dance – AOD Plymouth

**09:00–21:00:** Arts, Craft & Laughter (LGF)

[artcraftandlaughter.co.uk](http://artcraftandlaughter.co.uk)

## TUESDAY

**09:00–14:00:** The Great Escape –  
Men's Activities Group

**15:45–21:00:** A.O.D Dance

**09:00–21:00:**

Arts, Craft & Laughter

[artcraftandlaughter.co.uk](http://artcraftandlaughter.co.uk)

## WEDNESDAY

**10:30–11:30:** Elder Tree Seated Exercise (55+)

**11:45–13:30:** Elder Tree Better Together Ladies Group

01752 227447 | [eldertreeplymouth.co.uk](http://eldertreeplymouth.co.uk)

**13:45–15:45:** Elder Tree & Plymouth Argyle Xtra Time

01752 562561 Ext 6 | [argylecommunitytrust.co.uk](http://argylecommunitytrust.co.uk)

**15:45–21:00:** A.O.D Dance

**09:00–21:00:** Arts, Craft & Laughter

[artcraftandlaughter.co.uk](http://artcraftandlaughter.co.uk)

## THURSDAY

**09:00–14:00:** Wellbeing Space  
Advice & signposting

Something Out of Nothing – Free Arts & Crafts

The Great Escape – Men's Activities Group

**12:00–14:00:** Elder Tree – Active Men's  
Friendship Group

01752 227447 | [eldertreeplymouth.co.uk](http://eldertreeplymouth.co.uk)

**15:45–21:00:** A.O.D Dance

**09:00–21:00:** Arts, Craft & Laughter  
[artcraftandlaughter.co.uk](http://artcraftandlaughter.co.uk)

## FRIDAY

**15:45–21:00:** A.O.D Dance

**09:00–21:00:** Arts, Craft & Laughter

[artcraftandlaughter.co.uk](http://artcraftandlaughter.co.uk)

## SATURDAY

**10:00–12:00:** All Sorts Drama Group  
[stbudeauxhastalent@gmail.com](mailto:stbudeauxhastalent@gmail.com)

## SUNDAY

**18:00:** Rooted Women – Monthly Community Circle

[rowan@rootedwomen.co.uk](mailto:rowan@rootedwomen.co.uk)



St Budeaux and Barne Barton Wellbeing Hub ,6 Shelly Way ,St Budeaux ,PL5 1QF

# WELLBEING SPACE

## TUESDAYS 10AM-12PM



**Complimentary  
hot drinks  
Community  
access to online  
services  
Information  
& advice  
Games**



07890 257 649



wellbeinghub@colebrooksw.org



St Budeaux and Barne Barton wellbeing hub



St Budeaux and Barne Barton Wellbeing Hub ,6 Shelly Way ,St Budeaux ,PL5 1QF

## Creative wellbeing-February

### **FREE ARTS & CRAFTS**

### **JEWELLERY MAKING THURSDAYS 10 AM - 12 PM**



***Complimentary hot drinks, access to online services, information & advice***



 **07890 257 649**

 **wellbeinghub@colebrooksw.org**

 **St Budeaux and Barne Barton wellbeing hub**

Proudly brought to you by



SOUTHWEST



INSPIRE YOUNG MINDS!

# FREE SOUTHWEST STEM ACTIVITIES

HANDS-ON, CURRICULUM  
LINKED & AGE-APPROPRIATE  
SESSIONS DELIVERED BY  
INDUSTRY PROFESSIONALS

THE BOX, PLYMOUTH

FRIDAY 10TH APRIL

10AM TO 4PM



**TEAM** Defence-driven growth  
**PLYMOUTH**

## READY, STEADY

# SCHOOL!

Is your child starting school in  
September?

Join us for a **FREE** 5/6 week programme  
supporting you and your child transition to  
primary school!

### Nomony Family Hub

Fridays 10-11am 24<sup>th</sup> April - 22<sup>nd</sup> May 2026

### Fourwoods Family Hub

Mondays 130-230pm 20<sup>th</sup> April - 18<sup>th</sup> May 2026

### Laira Green D.E.L.L. Satellite site

Wednesdays 130-230pm 29<sup>th</sup> April - 10<sup>th</sup> June 2026

### Plymstock Library

Mondays 10-11am 1<sup>st</sup> June - 6<sup>th</sup> July 2026

Please call a Family Hub to book your place!

We are also delivering courses in the following primary schools:  
Widewell, Tor Bridge, Ernesettle, High View, Prince Rock & St  
Pauls Primary. If your child is due to start here in September  
please speak to the school about booking a place!

Plymouth Family Hubs working in partnership with...





### To book a space:

Call one of the below Family Hubs:

Whitleigh Family and Wellbeing Hub: [01752 875933](tel:01752 875933)

FourWoods Family Hub: [01752 366795](tel:01752 366795)

The Barn Family Hub: [01752 362320](tel:01752 362320)

# Circle of Security

The Circle of Security parenting sessions are reflective with discussions around appreciating & improving attachment, strengthening relationships and improving the lives of children through connection. It's a therapeutic and relaxed program, beneficial to all caregivers and parents.

Tuesday 28th April 2026, 9.30-11.30,  
The Barn

or

Wednesday 29th April 2026, 9.30-11.30,  
Nomony

## 10 Week Course

Plymouth Family Hubs working in partnership with...



Circle of Security  
INTERNATIONAL  
*Building Attachment Around the World*

# Together ADOLESCENCE

Focus on supporting a positive relationship between parent and teen  
Help build and maintain a strong relationship within the whole family  
Learn about the changes happening in your teens brain development

**FourWoods  
Family Hub  
415 Crownwhill  
Road,  
PL5 2LN**

**Call  
01752 366795  
to book a space.**

*Open to parents of  
children aged 11-16 yrs*



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