MARINE ACADEMY PRIMARY NEWSLETTER Term 1 2026-2027

‘Where stars shine brighter’

…providing an outstanding education that ensures all pupils reach their greatest potential and live by life’s highest values.

Dear Parents and Carers of Marine Academy Primary pupils,

What a busy and rewarding first term we have had! The children have settled brilliantly into their new classes and started the academic year embodying our motto: ‘Work hard, be kind and amazing things will happen!’ They have certainly made amazing things happen, and we could not be prouder of their achievements so far.

We are incredibly proud of our new Nursery, Pre-School and Reception children who have begun their Marine Academy Primary journey this term. They have settled so well, grown in confidence and already enjoyed trips out and about. Pre-School explored Kings Tamerton Woods, while Reception visited St Budeaux Library. It has been lovely to see our youngest learners building friendships and becoming part of #TeamMarine.

Across all year groups, a fantastic range of trips and experiences has brought learning to life, with History being a particular highlight. Year 1 visited Dinosaur World, Year 2 travelled back to Victorian times at Morwellham Quay, and Year 3 explored Kent’s Cavern to deepen their understanding of Prehistoric Britain. Year 4 stepped back in time for a Roman Day in school, Year 5 visited The Box, and Year 6 discovered the engineering behind the Tamar Bridge at the Bridging the Tamar centre. These experiences have helped children make meaningful connections with their classroom learning and demonstrate excellent historical knowledge.

This term, we welcomed Ofsted into the Academy for an inspection and we look forward to sharing the report with our community very soon. Thank you to our children, staff and families for your continued support and for helping make Marine Academy Primary the special place it is.

Later in the newsletter, you will find a poster outlining our Leadership and Support Teams. Please take a moment to see who can support you. Leaders are available at the external doors each morning and can direct you to the right person if needed.

A huge thank you to FaTMAP (Friends and Teachers of Marine Academy Primary) for organising our wonderful Day of the Dead discos on the last day of term. The music, dancing and celebrations provided a fantastic end to a wonderful term!

We hope you all enjoy a restful half-term break. We look forward to welcoming everyone back for Term 2, with parent/carer meetings and a whole host of Christmas events to look forward to!

Yours sincerely,

Mrs Georgina Reid and Miss Stacey Mitchell

Headteacher and Head of School

DATES FOR YOUR Diary

Monday 9th November: First day of Term 2 - Extra-Curricular Clubs start again
Thursday 12th November: Children in Need 26 Hour Run begins at 12pm
Friday 13th November: Children in Need mufti day - 26 Hour Run ends at 2pm
Monday 16th to Friday 20th November: Book Fair running in the Primary foyer
Thursday 3rd December: Year 1 Nativity trips to Plymouth Christian Centre
Friday 4th December: Year 2 Nativity trips to Plymouth Christian Centre
Friday 4th December: Extra-Curricular Clubs finish for the term
Monday 7th December 9:15am - Reception Nativity Production for RTG Parents/Carers - 'A Bundle Of Joy'
Tuesday 8th December 9:15am - Reception Nativity Production for RGC Parents/Carers - 'A Bundle Of Joy'
Wednesday 9th December: 9:15am Carol Concert for Classes 1SA, 2CW, 3LI, 4SS, 5OG and 6TS
Wednesday 9th December: Whole-School Christmas Lunch
Thursday 10th December: 9:15am Carol Concert for 1CW, 2OW, 3VH, 4CC, 5AW and 6NH
Monday 14th December 9am-10:30am: Pre-School Christmas Craft and Carol Morning
Tuesday 15th to Wednesday 16th December: FaTMAP Christmas Grotto in school
Thursday 17th December 9am - 10am: Nursery Christmas Craft Morning
Friday 18th December: Last day of Term 2 - all children finish at 1pm
Tuesday 5th January: First day of Term 3 - Extra-Curricular Clubs start again
Tuesday 5th to Friday 22nd January: Year 5 swimming at Plymouth Life Centre
Wednesday 27th January: Class RGC's train trip
Friday 12th February: Last day of Term 3 - Extra-Curricular Clubs finish for the term
Monday 22nd February: First day of Term 4 - Extra-Curricular Clubs start again
Monday 22nd February: Founders Day - children invited to wear their Squirrels, Beavers, Cubs, Scouts, Rainbows, Brownies or Guides uniform to school.
Tuesday 2nd March: 9-11am RTG's Special Ladies' Event and 1-3pm RGC's Special Ladies' Event
Thursday 4th March: World Book Day
Friday 19th March: Lots of Socks Day for World Down Syndrome Day
Friday 19th March: Extra-Curricular Clubs finish for the term
Thursday 25th March: Epilepsy Awareness Day - children are invited to wear purple accessories with their school uniform on this day.
Thursday 25th March: Last day of Term 4
Friday 26th March: Bank Holiday

Monday 12th April: First day of Term 5 - Extra-Curricular Clubs start again
Tuesday 20th April: Pre-School Sports Day - parents and carers are invited for the morning
Thursday 29th April: Reception Sports Day - parents and carers are invited for the morning
Monday 3rd May: Bank Holiday
Thursday 6th May: Year 1 and 2 Sports Day - parents and carers are invited for the morning
Monday 10th to Thursday 13th May: Year 6 SATs week
Friday 14th May: Year 6 trip to Mount Edgcumbe
Wednesday 19th May: Year 3 and 4 Sports Day - parents and carers are invited for the morning
Wednesday 26th May: Year 5 and 6 Sports Day - parents and carers are invited for the morning
Friday 28th May: FaTMAP Summer Discos and Last day of Term 5 - Extra-Curricular Clubs finish for the term
Tuesday 8th June: First day of Term 6 - Extra-Curricular Clubs start again
Monday 14th June: Class 4CC sailing trip with Horizon
Tuesday 15th June: Class 4SS sailing trip with Horizon
Wednesday 16th June: Class 5OG sailing trip with Horizon
Thursday 17th June: Class 5AW sailing trip with Horizon
Wednesday 20th - Friday 22nd June: Forest and Beach residential
Friday 2nd July: Mufti Day - chocolate donations welcome for our Summer Fair Tombola
Friday 9th July: Mufti Day - tin and jar donations welcome for our Summer Fair Tombola
Friday 9th July: Extra-Curricular clubs end
Friday 16th July: Summer Fair
Thursday 22nd July: Last day of Term 6



YEAR GROUP NEWS

A Fantastic First Term of Learning and Discovery

Nursery

What a wonderful, colourful term we have had in Nursery! Inspired by the rhyme 'I Can Sing a Rainbow' and our focus book 'WOW! Said the Owl', the children have been exploring the world of colour through exciting, hands-on experiences.

We have enjoyed going on colour hunts, discovering different colours in our environment and wrapping up warm for our adventurous welly walks. The children have also had lots of fun painting beautiful rainbows, experimenting with colour mixing and discovering how to create new colours using paint.

Alongside all our colourful adventures, we have been making new friends, building relationships and learning to play and explore together. It has been a fantastic term full of creativity, curiosity, laughter and friendship!



Pre-School

What a lovely first term our Pre-School children have had! They have settled in beautifully, grown in confidence and begun to make some wonderful friendships. It has been a joy to see them exploring their new environment, enjoying activities together and learning through play.

The children have made a fantastic start, beginning to develop their Phonics and Maths skills through fun and engaging activities. A real highlight of the term was our trip to the woods, where the children enjoyed exploring our local nature.

We are so proud of everything the children have achieved this term and look forward to seeing their confidence, friendships and learning continue to grow. Have a lovely half term break, we can't wait to welcome everyone back for lots of exciting activities, festive celebrations and Christmas fun!



Reception

Our Reception children have had a wonderful first term settling into school life, making new friends and developing their confidence and independence. In Phonics, they have been learning new sounds and practising how to recognise and use them in words. In Maths, they have been exploring repeating patterns and developing their understanding through fun, hands-on activities.

It has been lovely to see the children grow in confidence, build new friendships and enjoy so many exciting learning experiences as they begin their school journey!







Year 1

What a fantastic first term we have had in Year 1! The children have settled into their new routines beautifully and we are so proud of how confidently they have embraced life in Year 1. It has been wonderful to see their knowledge and curiosity grow, particularly in History, where their learning about dinosaurs came to life during our exciting visit to Dinosaur World!

In Science, the children have enjoyed learning about polar explorers and thinking like scientists. We have also loved watching their Phonics knowledge blossom and seeing them put their new skills into practice.

Alongside all this fantastic learning, we have celebrated lots of special events and enjoyed a brilliant end-of-term disco! We are so proud of everything the children have achieved and cannot wait to see what exciting adventures Term 2 will bring!





Year 3

What a fantastic first term Year 3 have had! The children have shown enthusiasm, resilience and curiosity as they have settled into their new year group.

In History, we explored Prehistoric Britain, bringing our learning to life during an exciting visit to Kents Cavern, where the children handled artefacts, explored caves and enjoyed a woodland trail.

In Science, we collected leaves, drew scientific diagrams and investigated how exercise affects heart rate. In Maths, we developed our understanding of place value, working with numbers up to 1,000. In English, we explored the book 'Ratpunzel', developing our grammar skills before writing persuasive letters inspired by the book 'Ask Dr K Fisher'.

We are incredibly proud of how well the children have settled, worked together and challenged themselves. What a brilliant start to Year 3!



Year 2

What a fantastic start to the new academic year, Year 2 have had! The children have thoroughly enjoyed learning about the Victorians in History, demonstrating excellent subject knowledge and enthusiasm. This learning was brought to life during our fantastic trip to Morwellham Quay, which complemented our topic perfectly.

In English, we have explored the texts 'My Day at the Zoo' and 'How to Hide a Lion at School', while in Whole Class Reading we have enjoyed reading the 'Izzy Gizmo' series.

We were incredibly impressed by the Victorian clay houses that the children created in Art. It was wonderful to welcome so many families to our Art Exhibition to celebrate their fantastic work.

Well done, Year 2! We are looking forward to another great term, filled with lots of Christmas fun!





Year 6

Year 6 have made a fantastic start to the year! In History, we have been exploring the Industrial Revolution and its impact on Britain and Plymouth. To bring our learning to life, we recently visited the Bridging the Tamar Visitor Centre to discover more about Brunel and the Royal Albert Bridge.

In English, we have enjoyed 'How the Whale Became' by Ted Hughes and 'Wallace and Gromit: Cracking Contraptions', alongside our Whole Class Reading text, 'There's a Boy in the Girls' Bathroom'.

In Maths, we have developed our understanding of place value, negative numbers and formal multiplication and division methods. Our Science learning has focused on diet and lifestyle, exploring the human body, exercise and the environment, through lots of hands -on experiences.

Across the wider curriculum, we have explored Hindu beliefs in RE, online safety in Computing, food and drink in Spanish and expressing emotions through Art. In PE, we have been developing our netball skills. We are incredibly proud of the enthusiasm and determination the children have shown and look forward to another successful term!



Year 4

Year 4 have had a fantastic first term, filled with excellent learning and so many achievements! The children have all been enjoying their independent reading using Black Belt Reader and earning lots of stickers. We have also been exploring the texts, 'What a Waste', 'Cinderella of the Nile' and 'The Nothing to See Here Hotel' in English and Whole Class Reading.

The children have already learnt so much this year, and their History essays showcased their fantastic knowledge of the Romans. To finish the term, the children enjoyed an incredible Roman Day, dressing up and creating their very own Roman pots to take home. It was a brilliant way to end the first term. Well done, Year 4!





Year 5

What a fantastic start to the year, Classes 5AW and 5OG have had! This term, the children have thoroughly enjoyed exploring our History topic, the Benin Kingdom, and it was lovely to build on the children's learning outside the classroom, following our fantastic trip to The Box. In Science, we have carried out a variety of exciting experiments as part of our topic, Separating Mixtures, giving the children plenty of opportunities to investigate, explore and develop their scientific skills. In SMSC, we have been learning about the key ingredients of a healthy relationship, including the importance of kindness, respect and how we treat one another. It has been a wonderful first term filled with lots of exciting learning experiences and we are incredibly proud of all the children in Year 5. Well done, everyone!





In Other News

A huge thank you to everyone who donated cakes or made a purchase at our Academy Parliament's Macmillan Coffee morning. The final total raised was an amazing £218.10!

Thank you so much to everyone for their support for this wonderful cause and a big well done to our brilliant Academy Parliament representatives who ran the morning so well.





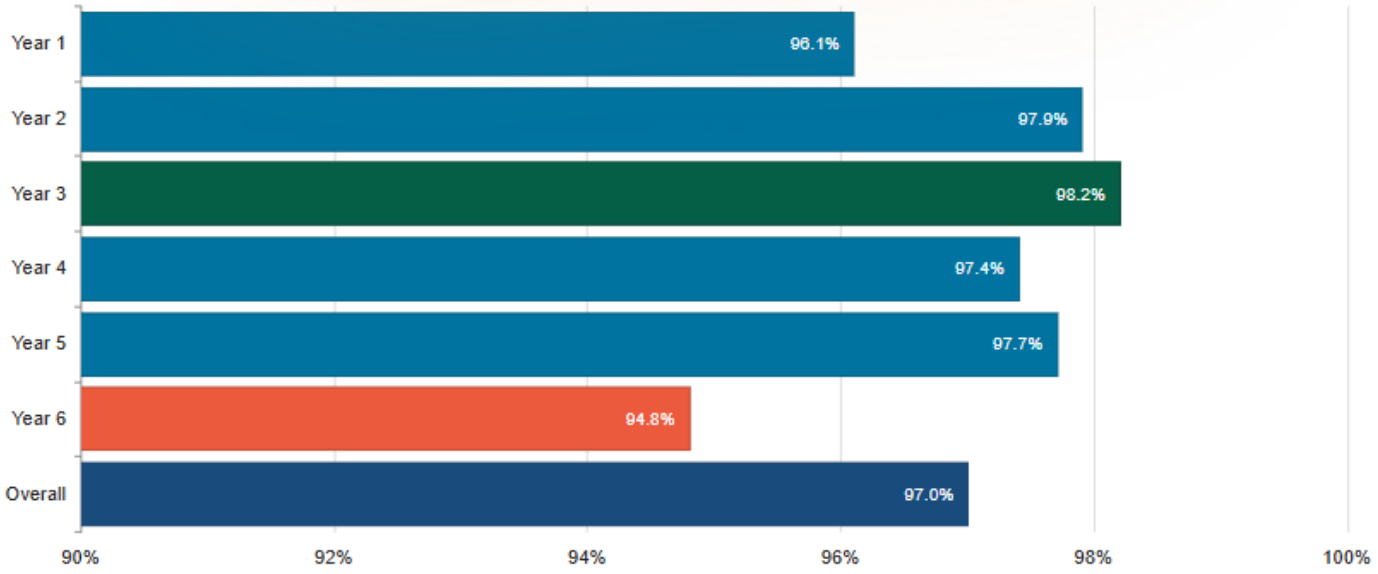
We are extremely proud of Amelia in Year 6, who submitted a digital Minecraft-based entry for the Plymouth City Council Mission Mammoth design competition. Out of hundreds of entries, she was presented with the 'Judges' Special Recognition' award and was in the top three for the 'Overall Winner' category. What an amazing achievement and a potential future superstar in the world of engineering and construction!

Recently Miss Stephens travelled to Poland with the British Council to take part in a Reading for Pleasure conference and a UK-Ukraine partnership workshop.

Recently, our Pre-School classes took our first exciting step in our partnership with Saran Lyceum through our very first Zoom call! The children loved listening to a story shared by our new friends before sharing our own current topic book.



Attendance



Well done Year 3!

Please remember to contact the Primary each day that your child is absent.

Our coops are based at the following locations across Plymouth
Southway wellbeing hub - Mondays 12-1pm
The Elm wellbeing hub - Mondays 10-12pm
Burrington Hub - Mondays 11-3pm
Plymouth university SU building - Tuesday 12pm
Cattedown social club - Wednesday 11-1pm
Marine academy Plymouth - Thursday 2-3pm
Riverside school - Thursday 1:30pm
Plymstock untied church hall - Thursday 15:30-16:30pm
Mount wise - Friday 11:30 - 2pm
St James the less - Friday 12-3pm
The Beacon - Friday 12-2pm

@PLYMOUTHFOODCOOPS



Looking to save money on your shopping food?
Join a food co-op we have them based all over Plymouth, they are small neighbourhood buying groups, providing members with affordable groceries bought in bulk and from surplus and are distributed at a very low cost.
Food co-ops are owned and run by the members, every member has a role in making the co-op work, we all pay in equally and share the food equally.

Contact me

Kelly@cooperation.town 07496474348



ONLINE SAFETY

Welcome to the online safety bulletin for Term 1, which provides guidance for promoting a positive online experience and navigating potential risks.

IBelow are some tips about positive and negative online habits related to security, privacy and healthy interactions.















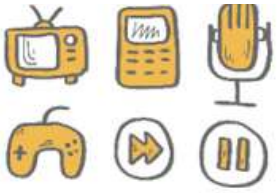
FUN ONLINE ACTIVITIES

Whilst we must be aware of the negative aspects of the internet, it's also important to remember that it can also be a great place to have fun or learn something new as a family.

<u>Why not try the following?</u>

1. Play a game together.
2. Take a family quiz – it could be around the topic of online safety (e.g. from Childnet) or you could use Kahoot to create your own.
3. Learn something new – explore BBC Bitesize, National Geographic Kids or Khan Academy.
4. Create something – make a digital drawing or video.
5. Read an Audio book.





CAPCUT



What can I do on CapCut?

CapCut is used as a video and image editing tool allowing users to edit their videos/ images as well as add music, sound effects, text and stickers.

What should I be aware of?

- The templates are user generated, therefore they may not always be appropriate for your child to view, for example they may contain adult themes.

- CapCut includes access to a library of music that may include explicit lyrics.

- Premium content – CapCut does include in-app purchases/monthly subscriptions to allow users access to premium content.

Further information

Wayne Denner provides further information about the social side of CapCut including a comments section here: https://www.waynedenner.com/capc ut-parents-guide/

Online Safety Quiz

The NSPCC have created this quiz to test your child's knowledge on how to stay safe online. It's a great way to start a conversation with your child about their online life.

You can access the quiz here:
https://www.nspcc.org.uk/keeping-children-safe/online-safety/quiz/



Marine Academy Primary

Family Support Team



Mrs Reid - Headteacher

Deputy Designated Safeguarding Leader
Family Support
Education and Curriculum

Mrs Kennedy - Assistant Head

Designated Safeguarding Leader
Family Support
Early Help





Miss Mitchell - Head of School

Deputy Designated Safeguarding Leader
Family Support
Education and Curriculum

Mrs Critchlow - SENCo

Safeguarding Team
Family Support
Medical Needs
Mental Health
Designated Leader for
Looked After Children





Mr Druce - Senior Assistant Head

Safeguarding Team
Family Support
e-Safety Leader
Education and
Curriculum

Mrs Smith - Wellbeing Support Assistant

Mental Health and Wellbeing
Family Support
ELSA





Miss Rowe - Assistant Head

Safeguarding Team
Family Support
Education and Curriculum

Ms Bell - Community & Personal Development Leader

Safeguarding Team
Family Support
Community Support
FaTMAP School Contact





Mrs Brenton - Medical Coordinator

Safeguarding Team
Family Support
Medical Coordinator

Mrs Chesterman - Wellbeing Support Team

Mental Health and Wellbeing
ELSA
FaTMAP



WHAT IS A MULTI ACADEMY TRUST?

We are part of the Ted Wragg Trust, a family of schools working together to transform lives.

An Academy Trust is a **charitable organisation** that supports a group of schools to work together for the benefit of children and young people.

As a school we are part of the Ted Wragg Trust, dedicated to improving opportunities and outcomes for children and young people. We work together with other schools to deliver an excellent education for every child, close to home.

Being part of a Trust helps our school to **achieve more than we could alone**. Our students enjoy new opportunities alongside expert and specialist support. This includes unique opportunities such as the annual Innovation Competition, where students offer their innovative ideas to tackle big issues, and access to support from the in-house Speech and Language Team for those who need an extra helping hand.

There is **no one size fits all approach**. Every school that is part of the Trust is different and leaders, staff, governors and communities are trusted to shape what is right for their own pupils, families and community.

> *At the heart of everything we do is a simple ambition:* ***children will love coming to school.***



Find out more

To learn more about the Ted Wragg Trust and how they support our school, please visit:

www.tedwraggtrust.co.uk

We are an ambitious and inclusive Trust of schools strengthening our communities through excellent education.



Get active, make a difference!

Children at Marine Academy Primary

are welcome to sign up for their own sponsored event this year.

'RunPudsey' is where children are encouraged to do any type of exercise over a couple of weeks and collect sponsorships for this.

School code needed is:

E9E0

Scan the QR code to sign up

Challenge yourself to 26

You could complete 26 runs
or could complete 26 minutes each day.

The challenge is up to you!

Let's get moving for Children in Need!

BBC Children in Need

Together we can make a difference

Marine Academy Primary

Staff, parents and our community are invited to come together to complete a

26 HOURS SPONSORED RUN/WALK!

Every step counts!

Starting
Thursday
12th November
at 12:00pm

Finishing
Friday
13th November
at 2:00pm

Please donate what you can to this incredible fundraising event.

Scan the QR code to donate

Together we can make a difference!

Mildred Tumbleweed's
MAGICAL EXPERIENCES

A MAGICAL HALLOWEEN ADVENTURE

MILDRED TUMBLEWEED

and the Enchanted Ghosts



FREE FAMILY SESSIONS

For children aged 3–11
with SEND and their siblings

TUESDAY 27 OCTOBER 2026

EFFORD FAMILY HUB AT HIGHVIEW

11:00am & 1:30pm

WEDNESDAY 28 OCTOBER 2026

MANOR STREET FAMILY HUB – 11:00am

MORICE TOWN FAMILY HUB – 2:00pm



PLYMOUTH FAMILY HUBS

Places are limited and booking is required.

PLYMOUTH FAMILY HUBS

BEST START IN LIFE | FAMILY HUBS

©The Incredible Years®

Our Incredible Years parenting programmes focuses on strengthening parent and child interactions, nurturing relationships, promoting positive discipline and helping families promote social, emotional and language development in children.

We offer the following courses:

Basic Programme topics (3-6 years old):



12 Week Course

Wednesday 21st April, 9.30-11.30am, FourWoods
Wednesday 15th September, 12.30-2.30pm, Rees
Thursday 13th Jan, 12.30-2.30pm, The Barn

Toddler Basic Programme topics: (1-3 Year olds):



12 Week Course

Wednesday 15th September, 9.30-11.30am, Nomony
Wednesday 12th January, 9.30-11.30am, Highview

Incredible Years ASC (Autistic Spectrum Condition



12 Week Course

Monday 19th April, 9.30-11.30am, FourWoods
Tuesday 14th September, 9.30-11.30am, The Barn
Monday 10th Jan 2027, 9.30-11.30am, Plymtstck Library

To book a space:



Call one of the below hubs:

FourWoods Family Hub on 01752 366795
The Barn Family Hub on 01752 362320

Plymouth Family Hubs working in partnership with...

PLYMOUTH FAMILY HUBS | PLYMOUTH CITY COUNCIL | BARNARDO'S Changing childhoods. Changing lives. | LARK | Action for Children | ©The Incredible Years®

PLYMOUTH FAMILY HUBS

FAMILY HUBS

Join us at JUMP for a free play session!

For families with children starting school in September 2027



Thinking about school for your little one? Come along to our FREE JUMP session for a friendly chat and find out more about choosing and applying for a school place. Whether you have questions, worries, or just want some guidance, we're here to help. Learn about the support available to make the transition to school as smooth and positive as possible for you and your child.

What to expect:

- Free entry for all families
- Full access to JUMP's play facilities
- Free squash for children
- Opportunity to meet the Family Hubs team and many other agencies.
- A chance to find out about choosing, applying and starting primary school .

When

10th November 2026

10-2pm

No need to book!!

just come along! Drop in anytime between 10am and 2pm We look forward to seeing you!

Plymouth Family Hubs working in partnership with...

PLYMOUTH FAMILY HUBS

NHS

BEST START IN LIFE



Are you pregnant or do you have children under the age of four?

You could get help to buy fruit, vegetables, pulses, milk and infant formula.

You could also get free Healthy Start vitamins.

Apply online for NHS Healthy Start

www.healthystart.nhs.uk

SCAN ME

Vitamins available at Morice Town Family Hub

PLYMOUTH FAMILY HUBS

Plymouth Family Hubs working in partnership with...

PLYMOUTH CITY COUNCIL

BARNARDO'S Changing childhoods.

LARK

Action for Children

YMCA | Here for young people
Here for communities
Here for you



FREE SEND



Activities@ YMCA!

SEN IN THE DEN!

Friday3.30pm-5pm | 0-7yearsold

Monitored softplay sessions for SEND children to explore and have fun in our Ocean City soft play area.

SENERGY

Thursday 4pm-4.45pm | 11-16 years old

Supervisedgym sessionsfor youngpeople with SEND, helping them to grow in confidence and improve their physical fitness.

SENSATIONAL SPORTS!

Wednesday4pm-4.45pm | 8-14yearsold

Funand inclusive multi-sport sessions for SEND children to enjoy the benefits of participating in sports.

SEN-BOUNCE

Saturday4.30pm-5.30pm | 5-16years old

Supervised bouncy castle sessions for SEND children to play across 3 inflatables.



This programme is supported by Plymouth City Council.

PLYMOUTH CITY COUNCIL

Book & learn more

Please make sure to book in advance for each session.

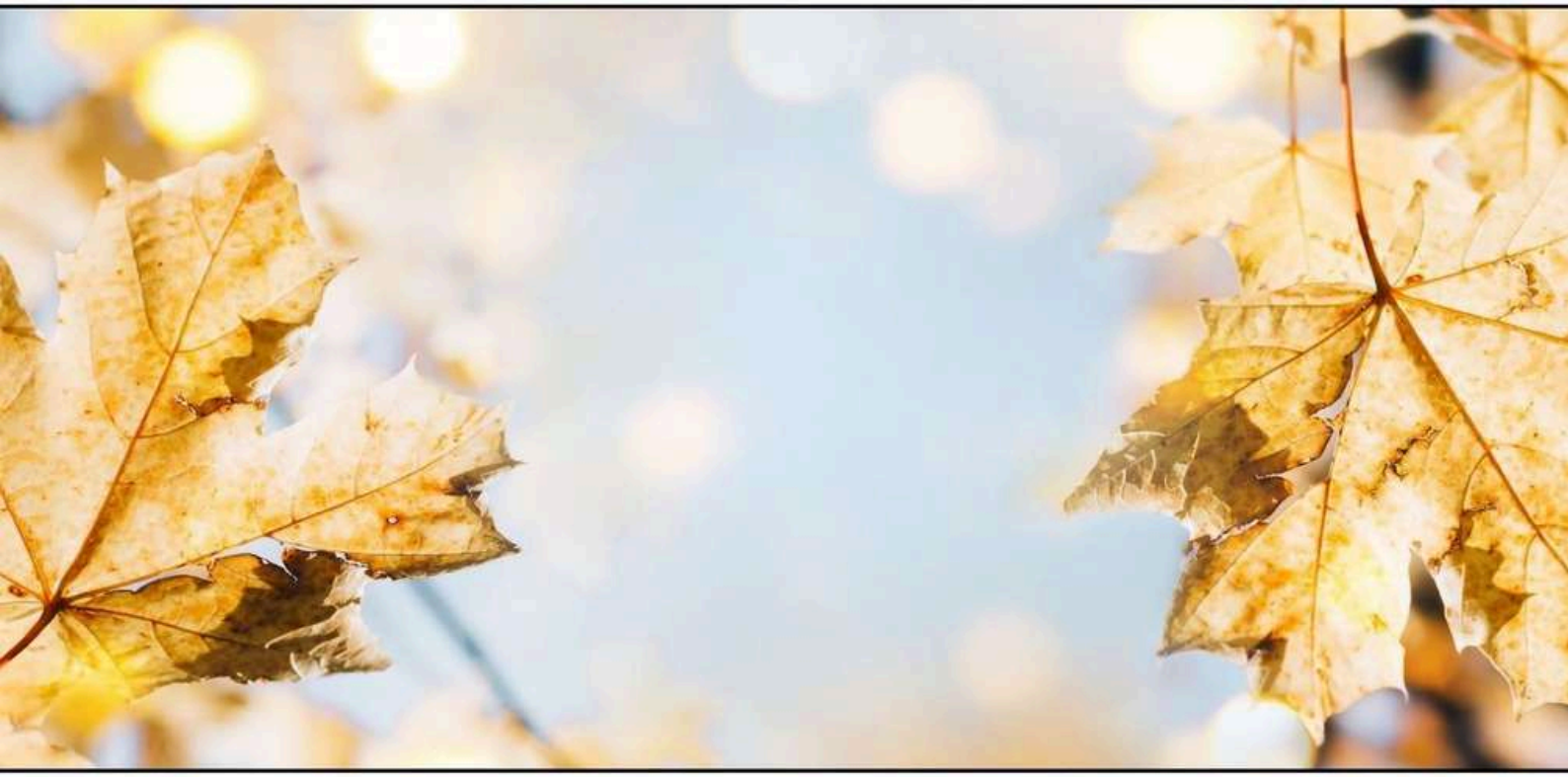


Parent/Guardian attendance is required

Find us at : YMCA Plymouth, Honicknowle Lane, PL5 3NG

E- info@ymcaplymouth.org.uk T- 01752 201918

PLYMOUTH FAMILY HUBS



Autumn Timetable: 7th September - 18th Decmber 2026

Our Family Hubs

PLYMOUTH FAMILY HUBS

FourWoods Family Hub
415 Crownhill Road
PL5 2LN
01752 366795

North Prospect Family Hub
91-93 North Prospect Road
PL2 2NA
01752 313293

The Barn Family Hub
Kit Hill Crescent
PL5 1EJ
01752 362320

Whitleigh Family and Wellbeing Hub
15 Whitleigh Green
PL5 4DD
01752 875933

Green Ark Family Hub
1 Fore Street
PL1 4DW
01752 686750

Rees Family and Wellbeing Hub
Mudge Way
PL7 2PS
01752 340550

Nomony Family Hub
27 St Johns Road
PL4 0PA
01752 261844

Manor Street Family Hub
25 Manor Street
PL1 1TL
01752 686750

D.E.L.L. Family Hub
Torridge Way
PL3 6JQ
01752 261844

Morice Town Family Hub
Charlotte Street
PL2 1RJ
01752 208660

Southway Family Hub
Hendwell Close
PL6 6TB
01752 875933

PLYMOUTH FAMILY HUBS · LARK · BARNARDO'S · Action for Children · BEST START IN LIFE · FAMILY HUBS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Latch on **Rees 1-2.30pm** **Manor Street 1-2.30pm**	**Latch on** **D.E.L.L. 10-11.30am** **Elburton 10.-11.30am** **North Prospect -1.30-3pm**	**Latch on** **Nomony 1 - 2.30pm** **Honicknowle Youth Centre 1-2.30pm** **Green Ark -10-11am**	**Latch on** **Elm 1 - 230pm** **Morice Town 1.30-3pm**	**Latch On** **Fourwoods 10-11:30am**
We offer support for women who are pregnant and wanting to breastfeed as well as offering help and advice for women who are currently breastfeeding and want to learn more about its benefits.				
Chatterbox **Southway Church of the Holy Spirit,10-11.30am** **Rees 1-2.30pm** **Manor Street 1-2.30pm** **Oxford House 1-2.30**	**Chatterbox** **Elburton Methodist Church 10-11.30am** **North Prospect Family Hub 1.30-3pm**	**Chatterbox** **Honicknowle Youth Centre 1-2.30pm** **Green Ark 1-2.30pm**	**Chatterbox** **D.E.L.L. 9.30-11am** **The Barn 10-11.30am** **Morice Town 1.30-3pm**	**Chatterbox** **Tothill Community Centre 10 - 11.30am** **Whitleigh Family Hub 10- 11.30am**
Ready, Steady, Chat An 8 week course to support your childs language development from age 2-4 years old **Nomony 10-11am starting 28th September**	**Mini Moments** 8 different themes on a rolling programme to join in and explore with your babies. Themes including, Lets gets creative, Lets get messy, Lets Learn, Lets make music and more. No need to book, just come along! **FourWoods Family Hub, 10-11am**	**Mini Moments** 8 different themes on a rolling programme to join in and explore with your babies. Themes including, Lets gets creative, Lets get messy, Lets Learn, Lets make music and more. No need to book, just come along! **Nomony Family Hub, 1-2.30pm** **Green Ark 11 - 12pm**	**Mini Moments** 8 different themes on a rolling programme to join in and explore with your babies. Themes including, Lets gets creative, Lets get messy, Lets Learn, Lets make music and more. No need to book, just come along! **Elm Centre (alongside Latch On), 1-2.30pm**	**Ready, Steady, Chat** An 8-week course to support your child's language development from age 2-4 years old **D.E.L.L. 1.30-230pm starting 2nd October**
PEEP at the Library **Devonport Library** 10-11am	**Butterflies** *A safe environment to meet other parents while your child enjoys new play experiences. Suitable for walking children under 5.* **Morice Town Family Hub 1.30-3pm**	**Butterflies** *A safe environment to meet other parents while your child enjoys new play experiences. Suitable for walking children under 5.* **Morice Town Family Hub 10-11.30am**	**Caterpillars** **BOOKING ESSENTIAL** *A happy group for babies and young children aged 0 to pre walker/not yet walking confidently, with nursery rhymes and activities to help develop your baby's senses.* **Morice Town Family Hub 10-11am**	**Little Squirrels** **A toddler group for children to communicate and explore through messy play and craft activities. Babies are welcome.** **North Prospect Family Hub 10-11am**
Mindfulness Mondays **10-11am, North Prospect FH** A calm space to breathe and relax with art activities, music, drinks and snacks. Children welcome if you have no childcare. **TERM TIME ONLY**	**Family Housing Support** **at The Hub, Foulston Park** 2-3.30pm	**Café Connect** *Join us for a midweek Starbucks coffee and help us tackle food waste by taking away food from M&S, Lidl and Tesco.* **The Barn Family Hub 10am - 2pm**	**Dads N Dinkies Soft Play** *FREE soft play sessions at YMCA for all male carers and their children 0-7 years* **YMCA,1.30-3pm** **BOOKABLE ON THE YMCA WEBSITE**	**Perinatal Peer Support Group** **at Green Ark Family Hub 1-2.30pm**
Perinatal Mental Health Support Group Run by Barnardo's and the Perinatal Mental Health Peer Support Team from Livewell Southwest. We offer a safe, nurturing and supportive space for mums with babies from birth up until the age of 18 months, who are in need of emotional and mental well-being support in the postnatal period.We also offer antenatal peer support from second pregnancy onwards. This group is by Invite Only. Please contact Nomony Family Hub for more information. **Nomony Family Hub, 10-11.30am**	**Step By Step** Specialised groups to help with children who may have signs of developmental delay and/or SEN. Come along to one of our groups to gain advice and support for you and your child. No need to book, just come along! **Nomony Family Hub, 10-11.15am** **North Prospect Family Hub, 9.30-10.30am** **Soft Play** *Family hub staff and other professionals available for support and advice if needed. Soft play suitable for 7 and under.* **Central Methodist Church 1.15 -2.30pm**	**Step By Step** Specialised groups to help with children who may have signs of developmental delay and/or SEN. Come along to one of our groups to gain advice and support for you and your child. No need to book, just come along! **D.E.L.L. Family Hub, 1.30-2.30pm** **Twins Group** *A stay & play for all families with twins 0-5.* **2nd & 4th Wednesday of each month** **Rees Family & Wellbeing Hub 10-11.30am**	**SGO Peer Support Group** 1st Thursday of each month at **Green Ark Family Hub** 1-2.30pm **Step By Step** Specialised groups to help with children who may have signs of developmental delay and/or SEN. Come along to one of our groups to gain advice and support for you and your child. No need to book, just come along! **Whitleigh Family Hub, 1.45-2.45pm** **Green Ark 10-11am (starting 15/01/26)**	**Little Explorers** A drop-in session for children 0-5 years with children centre staff available for advice. **Green Ark Family Hub, 9.30-11am** **Home Education Drop In** An opportunity for parents who have chosen elective home education to support each other, connect and share ideas. **The second Friday of every month. 12-1pm, North Prospect Family Hub**
Introduction to Solid Foods Want some support and advice about weaning your baby. Call FourWoods Family Hub to book a workshop space! **Various dates and times**	**'Jump' with Dad** A free soft play session for dad's and male carers. The 1st Tuesday of every month **3.30-6pm** **Jump, Christian Mill Business Park, Plymouth PL6 5DS**	**Baby First Aid** Contact Nomony or FourWoods Family Hub to book onto a 2 hour baby first aid course **Various dates and times**	**Multicultural Little Explorers** Specifically for families who have English as an additional language. Health visitor in attendance for weigh in clinic. 0-4 yrs (Term time) **Greenbank Community Centre 9.30 - 11am**	**Perinatal Mental Health Support Group** Run by Barnardo's and the Perinatal Mental Health Peer Support Team from Livewell Southwest. We offer a safe, nurturing and supportive space for mums with babies from birth up until the age of 18 months, who are in need of emotional and mental well-being support in the postnatal period. We also offer antenatal peer support from second pregnancy onwards. This group is by Invite Only. Please contact Nomony Family Hub for more information. **Rees Wellbeing & Family Hub Friday 1-2.30pm**
Childminder Drop In **Green Ark Family Hub** 1st Monday of each month, 10-11am Please contact Green Ark Family Hub to book.	**Baby Stars** **10-11.30am, Hope Baptist Church** A group for babies aged 0-12months, in partnership with North Prospect FH, PEEP activities, advice around weaning, breast feeding and your child's development. TERM TIME ONLY		**Welcome to the World** *A baby group for babies and young children aged 0 to pre walker/not yet walking confidently that will encourage your baby to explore and communicate confidently.* **North Prospect Family Hub 1.30-2.30pm** TERM TIME ONLY	
Step By Step Specialised groups to help with children who may have signs of developmental delay and/or SEN. Come along to one of our groups to gain advice and support for you and your child. **The Barn Family Hub, 10-11.15am** (No need to book, just come along!) **Morice Town Family Hub, 9.45-10.45am** **(BOOKING ESSENTIAL)**	**Green Beans** **10-11am,** **Keyham Green Places, 163 Renown Street** A group for babies aged 0-pre walkers, with sensory play, bubbles, books and singing. TERM TIME ONLY	**Youth Club – age 8-11 years: 4.30-5.30pm** **Youth Club – age 11 – 16 years: 6-7.30pm** Mount Wise Neighbourhood Centre	**Young Parents Meet-Ups (25 & Under)** Join our welcoming sessions – with or without your little ones! Thursdays 11-12.30pm - various locations - please check Facebook! Last Tuesday of every month we join soft play at Central Methodist! **Find out more: Scan the QR code** Contact: Sal: 07738 119697 Jess: 07522 61076	**Foulston Fridays** **Join us at Foulston Park Soft Play the last Friday of the month for free soft play sessions on the following dates** **25th September** **30th October** **9.30am-11.00am**
Tea and Toast **8.45 - 9.45am,** **Village Hub Stoke** Drop in group for parents to meet with a family support worker for a chat or some advice.	**Little Explorers** A drop in session for children 0-5 years with Family Hub staff available for advice **at Manor Street Family Hub** **1.30pm - 2.30pm**	www.plymouth.gov.uk/family-hubs.		**SATURDAYS** **Dads Den Monthly Session** For dads and male carers, a chance to meet other men and enjoy varied play activities with your children, plus snacks and a cuppa. **North Prospect Family Hub 10-11.30am**
	**Baby Massage Course** **Manor Street Family Hub** **10.30 - 12pm** **BOOKING REQUIRED** **PLEASE CONTACT MANOR STRRET TO BOOK A SPACE.**	**To view our online Padlet with more information about any of our services, please scan the QR code...**		

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Inspiring hope. Creating change.
- South West UK -
Est. 2017
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Platform Garden Men's Group

St Budeaux Railway Station
(St Budeaux Square side)



Join us on the 1st and 3rd Monday of each month, 10am to 2pm, to reclaim forgotten land and build a new productive garden!

Meet new people, grow your own food, and improve your well-being with exercise in nature and the fresh air. Refreshments, lunch, and tools provided. No special skills needed.

If you are interested, or would like more information, get in touch with Steve on **07946 566018** or by email **steve@thepioneersproject.co.uk**



Or check out **www.thepioneersproject.co.uk**

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