

MARINE ACADEMY PRIMARY NEWSLETTER



July 2025



Teddy
Wragg Trust



'Where stars shine brighter'

...providing an outstanding education that ensures all pupils reach their greatest potential and live by life's highest values.

Dear Parent/Carers of Marine Academy Primary pupils,

We hope you have all had a wonderful start to the summer holidays. We can't quite believe that we are writing the final newsletter of the 2024-2025 academic year - it feels as though it has come around very fast. We want to take a moment to reflect on what another truly brilliant year it has been at Marine Academy Primary.

Our commitment to strengthening our school community has continued to flourish. We've continued to build on our community offer by working closely with external agencies, particularly Barnardo's, who we have supported in delivering vital courses on site for families and the wider community. Our family events have grown in both number and variety and FaTMAP (Friends and Teachers of Marine Academy Primary) have gone from strength to strength, creating joyful moments that have brought us all together — from Santa Meet and Greet to Dudes' Dates! We want to thank them for their incredible hard work, time and energy that they put into these events.

A heartfelt thank you to all of our families for supporting your children, attending events and working with us to create a nurturing, inclusive school community. Your partnership is deeply valued and we wouldn't be able to do what we do without your never-ending support.

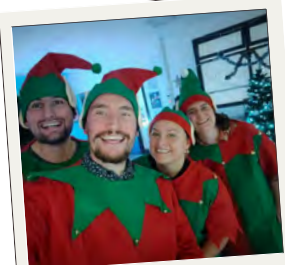
We also want to express our immense gratitude to every member of staff, who go above and beyond every single day to provide our children with the very best - we know we say this a lot, but #TeamMarine really are very special and we couldn't be prouder of every single one of them. Their energy, passion and care make Marine Academy Primary the incredible place it is.

As we look ahead, we're excited to welcome new staff to #TeamMarine, and we also say a fond farewell and thank you to Miss Hewins, Miss Gammage, Miss Meatyard, Mrs Weaver, Mrs Layland and Mrs Sussex. We wish them all the very best in their new adventures (and we are especially glad that Mrs Sussex is staying on to complete her teacher training with us from September!).

Have a wonderful, restful summer break and we look forward to welcoming everyone back on Tuesday 2nd September for another exciting year!

Yours sincerely,

Mrs Georgina Reid and Miss Stacey Mitchell
Headteacher and Head of School



Term dates for the 2025-2026 academic year:

Term 1

First day of school: 2nd September 2025

Last day of school: 24th October 2025

Term 2

First day of school: 10th November 2025

Last day of school: 19th December 2025 (at 1:00pm)

Term 3

First day of school: 6th January 2026

Last day of school: 13th February 2026

Term 4

First day of school: 23rd February 2026

Last day of school: 2nd April 2026

Term 5

First day of school: 20th April 2026

Bank Holiday: 4th May 2026

Last day of school: 22nd May 2026

Term 6

First day of school: 2nd June 2026

Last day of school: 16th July 2026

Term dates for the 2026-2027 academic year:

Term 1

First day of school: 7th September 2026

Last day of school: 23rd October 2026

Term 2

First day of school: 9th November 2026

Last day of school: 18th December 2026 (at 1:00pm)

Term 3

First day of school: 5th January 2027

Last day of school: 12th February 2027

Term 4

First day of school: 22nd February 2027

Last day of school: 25th March 2027

Term 5

First day of school: 12th April 2027

Bank Holiday: 3rd May 2027

Last day of school: 28th May 2027

Term 6

First day of school: 8th June 2027

Last day of school: 22nd July 2027

YEAR GROUP NEWS

Academic Year Ends with Celebrations and Smiles

Reception

As the school year came to an end, our Reception class has enjoyed a fantastic final term filled with fun and unforgettable experiences. One of the highlights was our exciting trip to Dartmoor Zoo, where the children loved seeing all the animals up close and learning about their habitats. We've also had lots of fun with water play, creative arts and crafts and storytelling sessions.

It's been a joy to watch the children grow in confidence, make new friends, and explore the world around them. We are so proud of each and every one of them, and although we're sad to say goodbye, we know they're ready for their next adventure. We will miss their laughter, energy and curiosity so much!



Pre-School

This month has been a wonderful time of both celebrations and transitions – a truly special chapter for our school community. The children did an amazing job in their Graduation Assembly, showing confidence and enthusiasm on stage. A heartfelt thank you to all our families for your continued support and contributions throughout the past year – it's been invaluable. As we move into summer, we hope you enjoy a restful and joyful break. We look forward to welcoming many of you back to Pre-School in September! Finally, to all the children beginning Reception and those moving on from Marine Academy Primary – best of luck on your new adventures! You will be greatly missed, and we know you will be fantastic at your next school.



Nursery

We've had a fantastic term in Turtle Class! The children have really enjoyed our topic book, 'Dear Zoo', and can now name all the animals in the story. They've also loved singing 'Old MacDonald Had a Farm', adding lots of different animals using their own creative ideas and a variety of craft materials. It's been wonderful to see their imagination and confidence grow.

A huge well done to all the children who took part in the Big Toddle for Barnardo's – they were absolute superstars! Thanks to everyone's generosity, we raised an amazing £329 for a great cause. Thank you for your continued support and well done to all the children for such a brilliant term!



Year 1

The children had a fantastic final month in Year 1! The children enjoyed reminiscing about all of the things they have learnt this year and all of the memories they have made. The children continued to show independence and resilience in their learning, showing they are ready for Year 2. They enjoyed visiting Year 2 as part of transition day, impressing Mr Warren.

The Summer Fair was enjoyed by all and was a great opportunity for the community to come together. On the last day of term, the children enjoyed celebrating the end of the school year with a class party. The Year 1 team would like to wish the children a fantastic Summer holiday and look forward to seeing you back in school in September.



Year 2

Year 2 have had a fantastic end to their academic year, filled with fun and creativity. They loved their DT lessons, designing and making healthy wraps - choosing ingredients carefully and thinking about nutrition. In Maths, they had great fun using the Bee Bots to explore position and direction, bringing learning to life through movement and coding. The children also enjoyed studying *The Day the Crayons Quit*, in English, using it as a fun and engaging way to learn about different types of sentences.

They had a lovely time meeting their new teachers during the transition morning and are feeling excited for their next step. We are so proud of everything they have achieved this year and know they'll be just as brilliant in Year 3. Have a wonderful summer, Year 2 – you deserve it!



Year 3

During the final month of the school year, the children in Year 3 excelled across all subjects of learning. In particular, the children produced fantastic final writes in Geography to showcase their thorough understanding of Weather and the Water Cycle. Furthermore, the children enjoyed learning about different types of foods in Design and Technology. Last week, the children prepared and cooked their seasonal tarts to take home.

In addition to all the great learning, the children also made the Year 3 team very proud with their violin showcase for parents where they performed amazingly well and showed great bravery and courage. Both classes practised and delivered their performances to the best of their ability. We finished Year 3 with an enjoyable class party and fun games to cap off a great year. We wish all the children and parents a great summer holiday and we look forward to seeing you all again in September!



Year 4

What a fantastic end to the term we've had in Year 4! The children thoroughly enjoyed Food Technology Week, especially baking delicious cookies during our Design and Technology lessons. It was a great opportunity to combine practical skills with creativity and, of course, have some fun along the way! In Science, we brought our anatomy learning to a close with a gruesome, yet exciting experiment to help us better understand how the digestive system works. It was hands-on, messy, and completely unforgettable!

As part of our Geography unit on Natural Resources, the children also completed some excellent essays, showing real thoughtfulness, understanding and pride in their written work. We were especially proud of how confidently the children embraced Transition Morning, spending time with their new Year 5 adults. It was wonderful to see their excitement for the next stage of their journey. We have no doubt they will continue to thrive and excel in Year 5.

Thank you for all your support this year. We hope you and your families have a restful and enjoyable summer break. The children have been an absolute joy, and we know they are going to be brilliant in their next chapter!



Year 5

Year 5 have had a brilliant end to the year. In English, they studied Shackleton's Journey and went on to write powerful, descriptive narratives inspired by the journey of the Mayflower. In Whole Class Reading, they thoroughly enjoyed A Series of Unfortunate Events, showing great comprehension and curiosity. In Geography, they explored the topic of Energy and Sustainability, taking part in mature, thoughtful discussions about the world around them.

We are incredibly proud of the progress they've made this year. We will certainly miss them as they move up to Year 6 in September – but for now, we wish them a happy, restful and well-deserved summer break!



Year 6

Year 6 have had a fantastic end to both the academic year and their primary school journey. Every member of the staff team is incredibly proud of the progress they've made – not just academically, but socially and emotionally too. It's been a joy to watch them grow into such confident, resilient individuals. We loved celebrating with them during their final days at school – bouncing on the bouncy castle, a lively water fight and sharing a special three-course meal together, among many other memorable moments.

We will miss each and every one of them, but know they are all capable of achieving amazing things as they move on to secondary school. Enjoy your summer, Year 6, you've truly earned it!



In Other

News

We are so proud of Jaxon in Year who has won an amazing prize from Babcock for his inspiring artwork, imagining what Plymouth will look like in 50 years' time. This fantastic achievement brings a prize for both Jaxon and our school, which is 100 hours of free volunteering generously donated by Babcock, as part of the Growth Alliance Plymouth partnership. What an amazing achievement!



Dentist
SpaDental Plymouth have vacancies at their practise.

2 Hyde Park Road
Mutley, Plymouth
Devon, PL3 4RJ
01752 663870

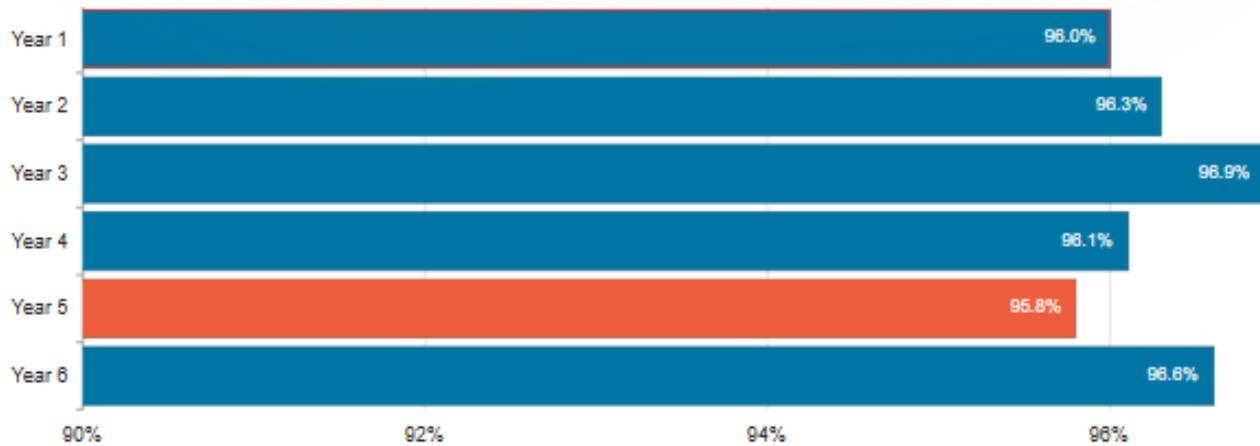
plymouth@spadental.co.uk
<https://www.spadental.co.uk/plymouth/>

Thank you so much to everyone who attended our brilliant Summer Fair!
It was just wonderful to have the whole community together, enjoying what all the stalls had to offer.

A HUGE thank you to Ms Tabb and FatMAP for putting it all together!
We raised £960 - WOW!



Attendance



Well done to Year 3 for the highest attendance this month!

Please remember to contact the Primary each day that your child is absent.

Days off school can impact on your success



Attendance

ATTENDANCE

WHAT THE NEW RULES MEAN FOR ME

1

I'm a single parent of one child and we want to go on holiday for a week.

Your holiday will not be authorised and you must talk to the school before you book anything.
Because your child will miss 5 school days you will be given a penalty notice fine.
The fine is £160 but if you pay it in 21 days it will be reduced to £80.

£160



2

FOR EVERY CHILD A PENALTY IS GIVEN.



+ £160 + £160 + £160 + £160

4 children & 1 parent = £640

Reduced to £320 if paid in 21 days

IRREGULAR ATTENDANCE

10 IN 10

5

If your child is absent for 10 or more sessions in 10 weeks and their absences are unauthorised the school will consider prosecution.

1

Day = 2 Sessions

2

Sessions

3

FOR A FAMILY OF TWO PARENTS



+ £160 + £160 + £160 + £160

**4 children & 2 parents =
£1280**

Reduced to £640 if paid in 21 days

If in any period of not more than 3 years, your child has a 2nd and 3rd leave of absence or pattern of irregular attendance...

4

2ND TIME

2 parents and
1 child = £320
2 children = 640
3 children = 960
4 children = 1280

No discount for early payment



3RD TIME

A penalty notice fine will not be given. Instead, your case will be taken to court.

A magistrate can fine each parent
£2500 for each child

1 parent & 4 children = £10,000

2 parents & 4 children = £20,000



ONLINE SAFETY

Welcome to July's online safety bulletin, which provides advice and support for ensuring that your child's online experience during the Summer holidays and beyond is positive and rewarding.

If you have any further questions or concerns about e-safety, please contact our Computing leader, Mr Druce, by emailing: primary@marineacademy.org.uk FAO: Mr Druce.



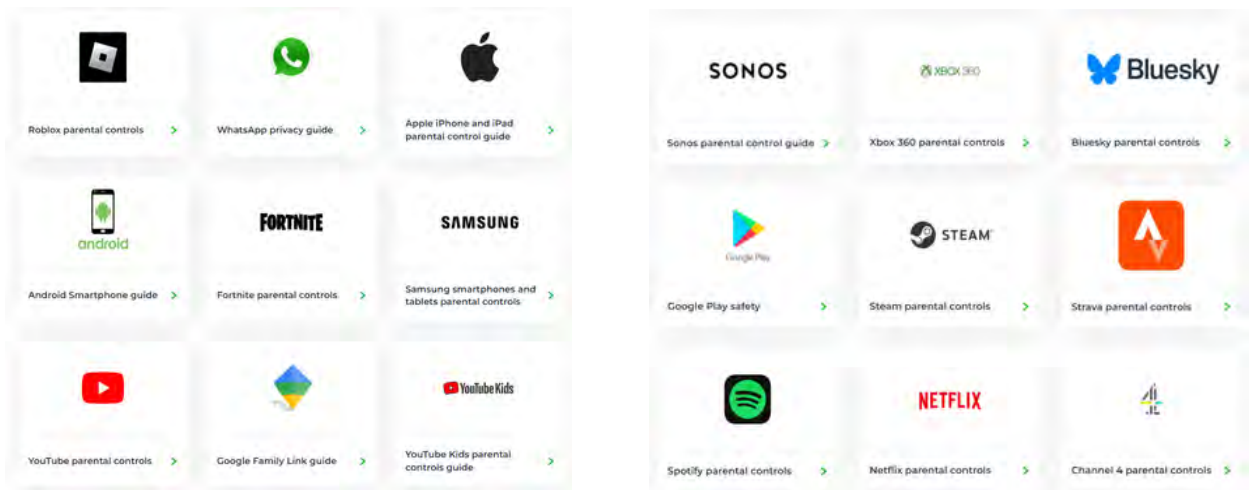
PARENTAL CONTROLS



Parental controls can be used to manage screen time, block inappropriate content, prevent accidental spending and stay safe from strangers. Research shows they improve digital wellbeing when used alongside regular conversations about online activities. We would strongly recommend applying these controls if your child likes to spend time gaming or on streaming sites as they can restrict screen time and access to inappropriate content.

This website provides step-by-step guides for a variety of different platforms to help with implementing the controls.

<https://www.internetmatters.org/parental-controls/>



SECONDARY TRANSITION



Is your child moving to Secondary school this September? Internet Matters have outlined a number of tools and resources, including a Transition Parent Guide to help support you:

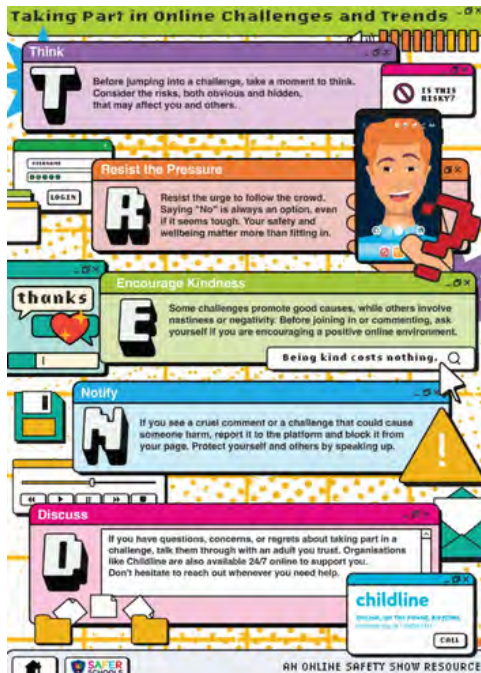
[Find out more here:](https://www.internetmatters.org/resources/moving-to-secondary-school-online-safety-guide/)

<https://www.internetmatters.org/resources/moving-to-secondary-school-online-safety-guide/>

STAYING SAFE FROM ONLINE CHALLENGES

Online challenges, trends or hoaxes appear frequently on social media or other online platforms. They can vary, but often encourage viewers to harm themselves, others or property in order to gain online recognition or popularity.

This website provides guidance about the risks of online challenges and support available:
<https://oursaferschools.co.uk/2025/06/29/responding-to-online-challenges/>



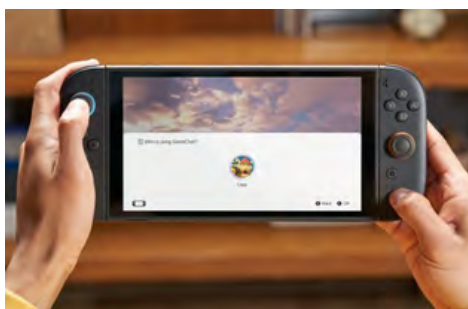
How to prevent harm from online challenges



Gamechat - New

GameChat is included within a Nintendo Switch Online membership and allows up to 12 people to chat while playing games. Players can share their screen, even if they are playing different games, chat with the built-in microphone and as the Nintendo Switch 2 allows cameras to be connected (sold separately), even video chat. If your child is using this feature, then ensure they know how to report other users.

You can find out more here: <https://www.nintendo.com/en-gb/Hardware/Nintendo-Switch-2/GameChat/Nintendo-Switch-2-GameChat-2785625.html>



FREE COURSES



We are excited to be collaborating with Barnardo's again in September. They will be hosting the Incredible Years course in September on our site each Wednesday from 17th September.

The Incredible Years Programme enables parents to have effective tools in managing their child's behaviour. It aims to give you new strategies as well as building on the ones you are already using to make them more effective in your home.

If you are interested in attending this free course, please complete the following form to register your interest and someone will get back to you with more information and to confirm your space:

<https://forms.office.com/e/EgSiwEAfXp>

**Free Maths and English workshop
sessions for parents of children aged 5
to 11**



We are also hoping to have On Course South West deliver free workshops for parents and carers that help you with supporting your child with their Maths and English learning at home.

The Curriculum may look very different to when you were at school, so if you feel you sometimes need a bit more guidance with how you can better support your child at home, one of these workshops could be good for you! They run for two hours over four weeks.

If you are interested in attending one or both of these workshops, please complete the following expression of interest form: <https://forms.office.com/e/H6qW3rMORL>

Bag of Number

Four two-hour school-based workshop sessions, led by Noel Mitchell, an experienced Primary School teacher you can:

- Brush up on your own maths skills
- Learn current maths language and terminology
- Explore using maths 'tools' to support a range of maths problems and calculation methods
- Make links to maths and real-life applications
- Gain confidence to be able to support your child at home with their maths
- Opportunity to seek further maths training/qualifications.

Reviews

Year 4 parent: I would like to thank you and the team for the Bag of number course, that was very helpful to guide my children.

Year 1 parent: This Bag of Number course was brilliant. It really has helped me know the different ways I can support my child in Y1 and onwards. The resources are really helpful too.

Noel was great. Friendly, knowledgeable and really helpful. Thank you for organising this course.

Elburton Primary School - Nov 24'

Bag of letters

Four two-hour, school-based workshop sessions, led by Sarah Ridgwell, an experienced Primary School teacher, you can:

- Refresh your own English skills
- Explore practical tips and fun activities to support your child's learning in all aspects of English at home
- Gain an insight into the school curriculum, teaching methods and current terminology used within the classroom
- Gain a clear understanding of how children progress in English and learn strategies to support them to build confidence
- Relate to English learning to everyday life and real-word uses
- Opportunity to seek further English training/qualifications.



CHILDREN'S *Holiday* CLUB

EVERY
SCHOOL
HOLIDAY



TICKET

£30

/PERSON
EARLY DROP
OFF AVAILABLE

COOKING | OUTDOOR ACTIVITIES | CRAFTS
SCIENCE | 10AM-4.30PM

WHIZ KIDZ

Unit 34 Scott Business Park Plymouth
Tel: 01752 560360

**BOOK
NOW!**

FOR MORE INFORMATION VISIT

WKUK.ORG



Meet your local Community Builder Mike Hookway

On the 1st Thursday of each month
between 11:00 am - 1:00 pm at the
Wellbeing Cafe, William Sutton Hall,
St Budeaux & Barne Barton Wellbeing Hub
6 Shelley Way, St Budeaux, Plymouth, PL5 1QF

What is a Community Builder?

We work with residents and members of the community
around issues that affect you.

We support finding local solutions, together with friends,
neighbours and other members of the community.



PLYMOUTH INFORMATION ADVICE AND SUPPORT FOR SEND



PIASS Support for SEND Enquiries

If you would like information or support regarding SEND issues, please complete the online enquiry form at: www.plymouthias.org.uk/contact-us/

Summer Holiday Opening

Thursday 24 July—Tuesday 2 September our office will be open:

- Tuesday, 9am—3pm
- Wednesday, 9am—3pm
- Thursday, 9am—12:30pm

Office closed, online enquiries: Monday-Friday, responded to within 48 working hours.

Service closed bank holidays: Monday 25 and Tuesday 26 August 2025.

Join us for a family wellbeing event on **Thursday 14 and 28 August, 10am-12pm** at St. Budeaux & Bame Barton Wellbeing Hub, William Sutton Memorial Hall, 6 Shelley Way, St. Budeaux, Plymouth PL5 1QF

Term-Time Office Hours

Monday—Friday: 9:30am to 4pm

Sign up to their newsletter here:

<https://www.plymouthias.org.uk/support/send-newsletter/>

Office Helpline

Monday-Thursday: 9am-5pm, Friday: 9am-4:30pm

Visit our website at: www.plymouthias.org.uk

Email us at: pias@plymouth.gov.uk

Follow us on Facebook and stay up to date with the latest news and information: www.facebook.com/plymouthias/

Helpline at Contact

Contact is a national charity for families with disabled children. They have a free helpline for parents and carers where you can get information and advice about special educational need and disabilities (SEND). Contact also produce a range of publications and other resources about SEND.

Helpline: 0808 808 3555 – Monday-Friday, 9:30am-5pm. Press 1 to speak to an education adviser, press 2 for all other helpline enquiries.

Email: helpline@contact.org.uk

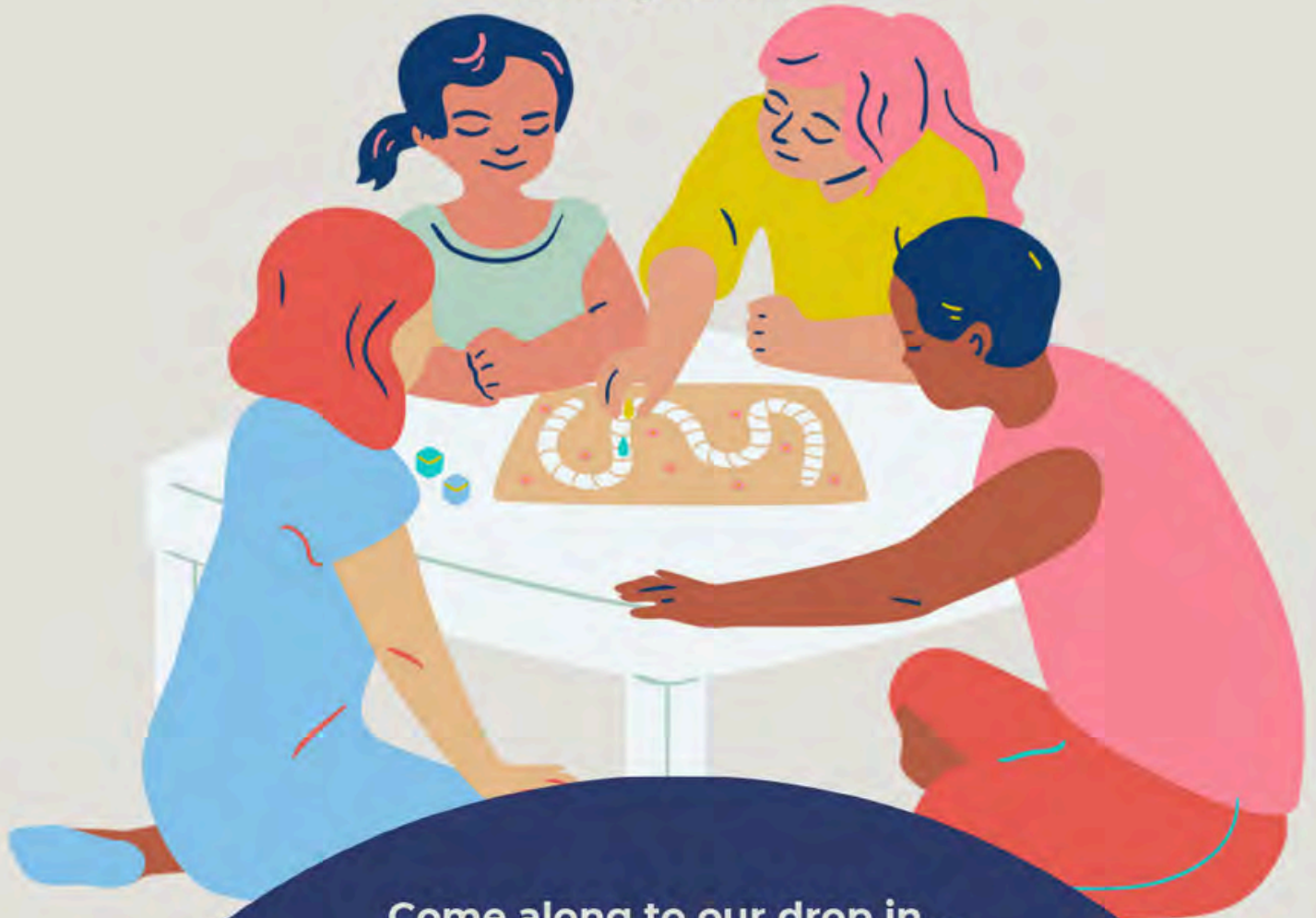
Website: <https://www.contact.org.uk/>



While You Wait

**Is your child (aged 0-18) on a neurodiversity waiting list?
(including Autism, ADHD, learning difficulties etc)**

**Parents and carers, do you need wellbeing support and advice
while you wait?**



Come along to our drop in....

**Every Wednesday 9:00am-11:00am at the Jan Cutting
Healthy Living Centre, Scott Business Park, Beacon Park
Rd, Plymouth, PL2 2PQ**



**No appointment needed, just turn up!
Children, Young People and Families Neurodiversity
Wellbeing Team**



OUR PADLETS



Changing childhoods.
Changing lives.

HAVE A LOOK AT SOME OF OUR BARNARDO'S FAMILY HUB PADLETS



Our Summer Holiday
Timetable Padlet



[or click here to view](#)

Our Term Time
Timetable Padlet



[or click here to view](#)

Our Parenting Padlet



[or click here to view](#)

Our Domestic Abuse Services Padlet



[or click here to view](#)

Our Infant Feeding
Padlet



[or click
here to
view](#)

Our PEEP Home Learning
Padlet



[or click
here to
view](#)

Our Potty Training Padlet



[or click here to view](#)

Our Toothbrushing Padlet

[or click
here to
view](#)



Our Family Hub SEND
Support Padlet



[or click here to view](#)

Our Video Interaction
Guidance Padlet



[or click here to view](#)



**Meet ups for Young Independent Proud
Parents Encouraging Each Other
(Y.I.P.P.E.E)**

For parents and parents to be under 25

**Remember
suncream,
hats &
water**

**THUR
10
JULY**

**STAY AND PLAY AT THE BARN FAMILY HUB
1.30PM - 2.45PM**

The Barn Family Hub, Kit Hill Crescent, Plymouth, PL5 1EJ

**TEDDY BEARS PICNIC, GAMES AND PICNIC IN
CENTRAL PARK**

11.30AM - 1.30PM

Meet outside the Life Centre (bring a picnic)

**WEDS
16
JULY**

**TUES
22
JULY**

MOUNT EDGCUMBE DAY TRIP 11AM - 3PM

**BOOKING ESSENTIAL - Call The Barn Family Hub to
book on 01752 362320 by 16th July**

**FREE SOFT PLAY AND DROP IN
1.15PM - 2.30PM**

Discovery Cafe, Central Methodist Church Hall, Eastlake
Street, Plymouth City Centre, PL1 1BA

**TUES
29
JULY**

**WEDS
30
JULY**

**FAMILY FUN DAY AT THE BARN
11AM - 3PM**

Come and join us in the park outside The Barn Family Hub,
Kit Hill Crescent, Plymouth, PL5 1EJ

**Meet ups for Young Independent Proud
Parents Encouraging Each Other
(Y.I.P.P.E.E)**

For parents and parents to be under 25

**Remember
suncream,
hats &
water**

**WEDS
6
AUG**

**COME AND JOIN US AT DEVONPORT PARK PLAY
AND BEYOND FAMILY FUN DAY 10AM - 2PM**

Devonport Park, Plymouth, PL1 4BT

**COME AND JOIN US AT HILLCREST PLAY AND BEYOND
FAMILY FUN DAY 10AM - 2PM**

Hillcrest Community Park, Plympton

**WED
13
AUG**

**WED
20
AUG**

**COME AND JOIN US AT FREEDOM PARK PLAY AND
BEYOND FAMILY FUN DAY 10AM - 2PM**

Freedom Fields Park, 80 Lipson Road, Plymouth, PL4 8RJ

**FREE SOFT PLAY AND DROP IN
1.15PM - 2.30PM**

Discovery Cafe, Central Methodist Church Hall, Eastlake
Street, Plymouth City Centre, PL1 1BA

**TUES
26
AUG**

**WEDS
27
AUG**

**COME AND JOIN US AT DEAN CROSS PLAY
AND BEYOND FAMILY FUN DAY 10AM - 2PM**

Dean Cross Playing Fields, Dean Cross Road,
Plymstock, PL9 7AZ



WE INVITE YOU TO OUR **COMMUNITY FUN DAY**

**WEDNESDAY 30TH
JULY
11AM-3PM**

**THE BARN FAMILY
HUB AND PARK
KIT HILL
CRESCENT
BARNE BARTON**

**FREE ENTRY & ACTIVITIES INCLUDING A
BOUNCY CASTLE, FOOTBALL, HOCKEY,
KARATE, PIZZA MAKING, ARTS &
CRAFTS, BIKE SPACE – DOCTOR BIKE
AND LOTS MORE.**

**REFRESHMENTS, COMMUNITY GROUPS AND
INFORMATION STALLS.**

**SOMETHING FOR ALL AGES IN THE LOCAL
COMMUNITY.**

SUPPORTED BY



Local councillors
community grant.

ALL SUBJECT TO CHANGE AND AVAILABILITY





FREE



ENTRY & INFLATABLES

FUNDAY



BAR

KINGS TAMERTON COMMUNITY CENTRE

NEWTON AVENUE KINGS TAMERTON PL5 2BU

SATURDAY 26th July 11am to 5pm

TABLE TOP

LUCKY

NUMBER



B

B

Q



LIVE MUSIC FROM: THE NUTROCKERS



BINGO TOMBOLA RAFFLE



Mini Cooking Wizards

Parent/carer & child cooking workshops

Tuesdays 10am-12:30pm

5th, 12th, 19th & 26th August

We are excited to be running a series of FREE workshops throughout August for one parent/carer and one child (8-16years)

Food is Fun will be delivering these amazing cooking workshops with family friendly recipes. For example: curry and naan, rainbow couscous and meatballs, loaded nachos with chilli etc.

Each week we will also be making a dessert or a snack for example: mini-cheesecakes, crumble, houmous, savoury muffins etc.

St Budeaux and Barne Barton Wellbeing Hub



St Budeaux and Barne Barton Wellbeing Hub, 6 Shelly Way, St Budeaux, PL5 1Q

Booking is essential please contact Jo:

07890 257 649

wellbeinghub@colebrooksw.org

St Budeaux and Barne Barton wellbeing hub



St Budeaux and Barne Barton
Wellbeing Hub



William
Sutton Hubs
inspiring people, supporting communities

St Budeaux and Barne Barton Wellbeing Hub
6 Shelly Way, St Budeaux PL5 1QF Tel 07890 257 649

Family Wellbeing Sessions

• Every Tuesday throughout August

9:30am-10am Free Breakfast 18+under

FREE cooking workshops for
one Parent/carer and one child (8-16years)
Booking essential



Every Thursday throughout August

9:30am-10am Free Breakfast 18+under

10am-12Pm Free activities, crafting, advice and
information drop in sessions



BARNARDOS

Changing childhoods.
Changing lives.



St Budeaux and Barne Barton
Wellbeing Hub



Summer Family Wellbeing Sessions

9:30am–10am Free Breakfast

**10am–12pm Free Crafting activities, Football,
Games, Lego, Table tennis, Tattoos**

Thursday 7th August

Crafting Activities delivered by:



Changing childhoods.
Changing lives.

Face to face conversations with:



**St Budeaux and Barne
Barton Wellbeing Hub**
6 Shelly Way
St Budeaux
PL5 1QF



St Budeaux and Barne Barton
Wellbeing Hub



Summer Family Wellbeing Sessions

9:30am–10am Free Breakfast

**10am–12pm Free Crafting activities, Football,
Games, Lego, Table tennis, Tattoos**

Thursday 14th August

Activities delivered by:



Changing childhoods.
Changing lives.



Information and advice :



**Livewell
Neurodiversity
team**



**Plymouth
Information &
Support for SEND**



**St Budeaux and Barne
Barton Wellbeing Hub
6 Shelly Way
St Budeaux
PL5 1QF**



St Budeaux and Barne Barton
Wellbeing Hub



Summer Family Wellbeing Sessions

9:30am–10am Free Breakfast

**10am–12pm Free Crafting activities, Football,
Games, Lego, Table tennis, Tattoos**

Thursday 21st August

Activities delivered by:



Changing childhoods.
Changing lives.

Housing & Utilities advice & Info:



**St Budeaux and Barne
Barton Wellbeing Hub**
6 Shelly Way
St Budeaux
PL5 1QF



St Budeaux and Barne Barton
Wellbeing Hub



Summer Family Wellbeing Sessions

9:30am–10am Free Breakfast

**10am–12pm Free Crafting activities, Football,
Games, Lego, Table tennis, Tattoos**

Thursday 28th August

Activities delivered by:



**Changing childhoods.
Changing lives.**

Information and advice:



**Livewell
Neurodiversity
team**



**Plymouth
Information &
Support for SEND**



**St Budeaux and Barne
Barton Wellbeing Hub
6 Shelly Way
St Budeaux
PL5 1QF**



PLYMOUTH LIBRARIES



THE
READING
AGENCY

Summer Reading Challenge

Story Garden



Story Garden illustrations by Dapo Adeola, illustrations and logo © The Reading Agency 2025

Aimed at ages 4 to 11 years, the 2025 Summer Reading Challenge, Story Garden encourages children to read 6 (or more) library books (including eBooks and Audiobooks) during the summer holidays.

After they have read 2 books, they can visit the library to tell us about what they have been reading and collect their sticker.

Every child that completes the challenge receives a medal and a certificate AND will also be entered into a prize draw for the chance to win a bundle of creative activity packs!!

Reasons to take part:

- It's free and available at all Plymouth Libraries
 - Inspires a lifelong love of reading
- Enjoy visiting the library together as a family
 - Earn rewards, certificates and prizes!
- Boosts confidence, creativity and imagination

Sign up for the Summer Reading Challenge at any Plymouth Library.
Find our opening times on the Plymouth Libraries app or visit our website ➡

<https://bit.ly/33pmzZi>



Platform Garden Men's Group

St Budeaux Railway Station
St Budeaux Square side



Join us on the 1st and 3rd Monday of each month, 10am to 2pm, **to reclaim forgotten land and build a new productive garden!**

Meet new people, grow your own food, and improve your well-being with exercise in nature and the fresh air. Refreshments and tools provided. No special skills needed.

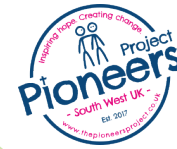
If you are interested, or would like more information, get in touch with Steve on **07946 566018** or by email **steve@thepioneersproject.co.uk**

Or check out **www.thepioneersproject.co.uk**



Supported by





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Plymouth
Community Homes



Dad & Me

Come and join us this summer on **4th August and/or 18th August**,
10am - 2pm, at the St Budeaux Railway Platform Garden
for a Dad and Me session!

Clay modeling

Gardening

**Free
refreshments**

Activity sheets



We're creating a new garden on this disused railway platform and would like you and your dad to come have a look and have a nice time with us.

If you would like more information, get in touch with Steve on **07946 566018**

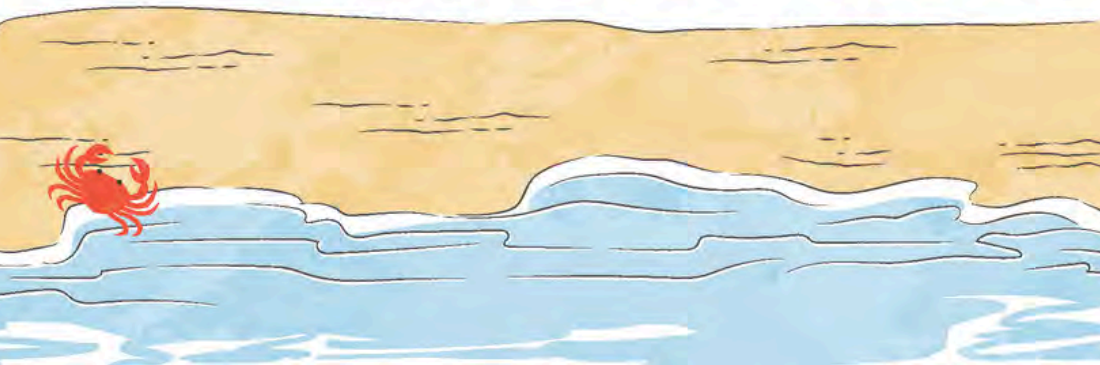
what3words location: robots.strike.valley

Mental Health Support Team Plymouth and
CYPFS Neurodiversity Wellbeing Team

Mental Health Storytime and poster competition

*Join us for a free mental health
themed story and a poster
competition with prizes to be won!!*

*Plymstock library 29/07 2:30 - 3:30
St. Budeaux library 05/08 2:30 - 3:30
Plympton library 12/08 2:30 - 3:30
Central library 19/08 2:30 - 3:30
Peverall library 26/08 2:30 - 3:30*

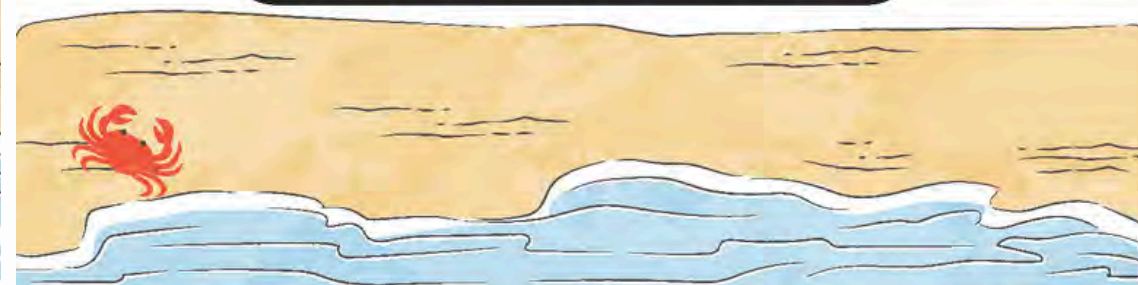


Mental Health Support Team Plymouth and
CYPFS Neurodiversity Wellbeing Team

Fun, Fit and Mentally Healthy Summer Workshops

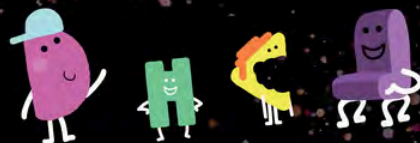
A completely free hour long session based
around movement being a positive fuel for
your mental wellbeing. The session will
include our 8 steps to wellbeing and a lot of
fun, fast paced free style dancing led by a
dance world champion. You will just require
a positive attitude, a drink and snack.

*St. Paul's Church Efford
29/07 10 am - 11 am
12/08 10 am - 11 am
26/08 10 am - 11 am*



FAMILY TICKETS FROM £25

FOR GROUPS OF FOUR
WITH UP TO TWO ADULTS*



£1 FAMILY FILMS

JUL 25 - AUG 28



BE MORE CHILDISH
ALL SUMMER LONG

£1 ticket for selected 2D films. Excluded cinemas: Dublin and Leicester Square. Films subject to change.

feel more at
cineworld
CINEMAS



PLACES WHERE KIDS EAT FREE (OR FOR £1) SUMMER HOLIDAYS 2025

moneysavingcentral.co.uk/kids-eat-free



ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

ASDA

Kids eat for £1 daily, with no adult spend

ASK ITALIAN

Kids under 10 eat for £1 during school holidays

BEEFEATER

Kids Eat FREE with Newsletter Voucher this Summer

BELLA ITALIA

Children eat for £1 with any adult main

BILLS

Kids Eat Free weekdays, 21st July – 29th Sept

BREWERS FAYRE

Kids Eat FREE with Newsletter Voucher this Summer

BREWDOG

2 Kids eat free with 1 adult, 19th July - 31st August

BURGER KING

From 28th July - 31st August, Kids Eat Free (via app)

CHIQUITO

Kids eat FREE Daily Until August 31st

DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult breakfast or lunch

FRANKIE & BENNY'S

Kids Eat Free from 14th July – 31st August 2025

FUTURE INNS

Under 5s eat for free with any adult meal

GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day

HARVESTER

Kids eat for £1, Mon - Fri via the App

HUNGRY HORSE

Kids eat for £1 on Mondays

IKEA

Kids get a meal from 95p daily from 11am

LAS IGUANAS

Kids under 12 eat FREE with 'My Las Iguanas' App

MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

MORRISONS

Kids Eat FREE all day, every day with a £5 spend

PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend after 3pm

PREMIER INN & TRAVELODGE

2 kids eat for FREE with 1 adult breakfast

PRETO

Kids up to age 10 eat free with 1 paying adult

PUREZZA

Kids under 10 get free pizza with every adult meal

SA BRAINS PUBS

Kids eat for £1 on Wednesdays

SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm

TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult

TESCO

Kids Eat FREE with a 60p spend until Aug 31st

TGI FRIDAYS

Kids Eat Free with any adult meal (Via App)

THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

TOBY CARVERY

Kids eat for £1 all day (weekdays) until Aug 29th

WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

YO! SUSHI

Kids eat free all day (weekdays) in school holidays

ZIZZI

Kids eat free this summer holidays (ex Saturdays)

Copyright of MONEY SAVING CENTRAL



Pop in to your local **Family Hub**
or contact us:
plymouth.gov.uk/family-hubs
E: **familyhubs@plymouth.gov.uk**
FB: **plymfamilyhubs**



WHAT IS A FAMILY HUB?

A Family Hub is a friendly place where families with children and young people can get support and advice. It's a one-stop shop for services like health, education, and community support, all in one convenient location.

WHO IS IT FOR?

Family Hubs are for all families with children and young people aged 0-19 (or up to 25 for those with special educational needs and disabilities). Whether you're looking for parenting tips, help with your child's development, or mental health support, Family Hubs are here for you.

WHAT DO THEY OFFER?

- **Health Services:** Help with breastfeeding, health check-ups, and mental health resources.
- **Education and Development:** Parenting classes, playgroups, and getting kids ready for school.
- **Social Support:** Advice on housing, domestic abuse, and money management.
- **Community Activities:** Events, workshops, and groups to meet other families and build connections.
- **Specialist Help:** Support for families with children who have special needs, including life skills and transition support.

VIRTUAL OFFER

We understand it's not always easy to visit a Family Hub. That's why we offer online resources, like parenting workshops, advice sessions, and virtual meetings with professionals. Our virtual services give you the flexibility to access support from wherever you are.

SATELLITE HUBS

Plymouth are also developing a network of Satellite Hubs which are smaller hubs that bring Family Hub services closer to your community.

WHAT THEY OFFER:

These hubs provide specific services based on the needs of the local area.

WHY THEY MATTER:

They make it easier for families to get the help they need, especially if traveling to a main hub is difficult.

SCHOOLS AND FAMILY HUBS

Family Hubs work hand-in-hand with schools, especially primary schools, to support children and families. Here's how:

- Providing early help and services directly through schools.
- Hosting parenting classes and resources at school locations.
- Helping school staff connect families with the support they need.

Green Ark Family Hub

Fore Street PL1 4DW
01752 686750

Morice Town Family Hub

Charlotte Street PL2 1RJ
01752 208660

North Prospect Family Hub

91-93 North Prospect Road PL2 2NA
01752 313293

Rees Family Hub

Mudge Way, Plympton PL7 2PS
01752 340550

Nomony Family Hub

27 St Johns Road, PL4 0PA
01752 261844

The Barn Family Hub

Kit Hill Crescent PL5 1EJ
01752 362320

Southway Family Hub

Hendwell Close PL6 6TB
01752 875933

Manor Street Family Hub

25 Manor Street PL1 1TL
01752 686750

Four Woods Family Hub

415 Crownhill Road PL5 2LN
01752 366795

Whitleigh Family Hub

Four Greens Community Centre, Whitleigh Green PL5 4DD
01752 875933

Efford Family Hub

Blandford Road PL3 6HU
Open April 2025

Find out more...



Help and Advice Over the Holidays



111 online

Call 111 & select option 2 to speak to the NHS Mental Health Crisis Response Service 24/7

[Nhs.uk/mental-health](https://www.nhs.uk/mental-health)

PAPYRUS

Under 35s can Call 0800 068 4141, Text: 88247 or Email: pat@papyrus-uk.org 24/7

[Papyrus-uk.org](https://www.papyrus-uk.org)

SAMARITANS

Call 116 123 to talk to Samaritans, or email: jo@samaritans.org for a reply within 24 hours

[Samaritans.org](https://www.samaritans.org)



Call MIND's Mental Health Helpline 9am to 6pm, Monday to Friday on 0300 102 1234

[Mind.org.uk](https://www.mind.org.uk)

shout
85258

Text "SHOUT" to 85258 to contact the Shout Crisis Text Line, or text "YM" if you're under 19

[Giveusashout.org](https://www.giveusashout.org)



Mental Health Forum & Chat for Men from 5pm - midnight every day Call or Whatsapp 0800 585858

[Thecalmlzone.net](https://www.thecalmlzone.net)



THE AIM OF MANKIND is to provide a safe place for men to share how they are feeling without feeling judged and to support those who are struggling with their emotional and mental wellbeing.



ANDYSMANCLUB

ANDYSMANCLUB are a men's suicide prevention charity, offering free-to-attend peer-to-peer support groups across the United Kingdom and online. We want to end the stigma surrounding men's mental health and help men through the power of conversation.

#ITSOKAYTOTALK